



AMMG Training & Certification in Age Management Medicine



Earn **82** AMA PRA Credits*

**Advanced Medical Training for
Forward Thinking Physicians**

Exceptional medical training for exceptionally minded physicians.

AMMG's Training & Certification in Age Management Medicine broadens your knowledge and provokes your thinking—equipping you with a new lens on the medical world and patient care. Three highly progressive and well-developed modules deliver the insights, research, and protocols you'll need to practice this outstanding, patient-centered, life-transforming medical specialty.

We offer a multidisciplinary course, covering foundational principles and advanced tools to keep ahead of the 21st century curve and grow your medical specialty. The hallmark of this exceptional program is its contributing experts from relevant fields, clinical innovations—genetic testing to personalized medicine—and real case studies, reviewed in problem-solving roundtable discussions.



The AMMG Certification Program includes:

- **82 AMA PRA Credits**—*By participating in the AMMG Certification Program you will be eligible to earn 82 AMA PRA Credits. To receive those credits, you must complete all participation requirements as outlined
- **Online study module begins immediately**—gaining proficiency in the essential knowledge of Age Management Medicine—culminating in a proficiency exam
- **2-day live interactive training**—moving you to a higher level of understanding via case studies and interactive discussions
- **Comprehensive final exam**—web-based and case-focused



COURSE FORMAT

Module I: Self-Study

Essential Knowledge in Age Management Medicine

Assesses proficiency in several areas of Age Management Medicine with a predominant focus on these crucial areas:

- Patient evaluation protocols— including laboratory testing, physical/ performance evaluations
- Nutrition/diet
- Fitness/exercise
- Hormone optimization/therapies— including thyroid, estrogen, testosterone, progesterone, DHEA, DHT, pregnenolone, human growth hormone, IGF-1, HCG, insulin, cortisol, 25-hydroxyvitamin D
- Nutritional supplementation
- Environment/lifestyle
- Stress-response management
- Preventive medicine protocols— including early detection and prevention of age-related disorders, such as cardiac disease, diabetes, osteoporosis, hyperlipidemia, etc.
- Ethical/legal issues/guidelines
- Precision Medicine: Emerging therapies—e.g. the use of autologous stem cells and emerging diagnostics (such as genetic screening and telomerase)
- Additional content as it relates to Age Management Medicine

Navigating Module 1—Strategies for Success: Overview & Exam Prep Session

Attend this live interactive two hour course designed to help you prepare for the Module I Examination. Study materials will be covered and challenging areas will be identified to help you navigate the exam successfully. Periodically held in conjunction with our conferences, *advance registration is required.*

Module II: Live Didactic Lectures & Case Studies

Advanced Topics in Age Management Medicine

Module II of the certification process takes Module I's core curriculum—the essential knowledge and proficiency in Age Management Medicine—to the next level by bringing in experts who can lecture at an advanced level with cases and interactive discussion, bringing the value of their clinical expertise to this dynamic certification training program.

Module III: Comprehensive Study & Final Examination

This comprehensive, web-based, case-focused examination is based on all the materials presented in both Modules I and II.

COURSE DETAILS

Requirements for Certification:

- Complied with/fully completed the application process.
- Current AMMG membership.
- Attendance of 25 hours at an AMMG conference on Age Management Medicine.
- Successfully completed Module I Self-Study, Essential Knowledge in Age Management Medicine—including the online examination.
- Successfully completed Module II. Didactic Lectures & Case Studies—Advanced Topics in Age Management Medicine.
- Successfully completed Module III—including the case-based final examination.

Registration Package Includes:

- **Module I**—study materials, including textbook, videos, studies, research articles, suggested reading, and online examination
- **Module II**—two days of live didactic, interactive lectures, and case studies
- **Module III**—online, comprehensive final examination
- **AMMG Conference**—1 four-day, full-conference registration
- **2-year AMMG Membership**
- **Upon successful completion**
 - Use of AMMG's certification logo
 - One-year, enhanced listing in AMMG's online Directory of Certified Clinicians
 - Preferred discount on malpractice insurance

To apply or get more information visit agemed.org, email certification@agemed.org, or call 239-330-7495

GET CERTIFIED

Forward Your Career &
Your Medical Practice.

www.agemed.org

