

SCHEDULE AT-A-GLANCE

Wednesday, April 26th

Practice Management Workshop: Launching and Growing a Successful Age Management Practice

Many attendees of the AMMG conferences are attracted to the field of Age Management Medicine, but do not feel qualified, or empowered with the necessary tools, to successfully transition from the well-established structure of disease-based medicine or from the traditional insurance-based reimbursement system into a system which relies to a significant degree upon direct pay.

In addition this workshop is also designed to complement the [AMMG Certification in Age Management Medicine](#) for **physicians and healthcare professionals and to help educate and inform medical and office staff**. Attendees will be guided through the process of developing an Age Management Practice. Our goal is for the attendee to be equipped with the basic tools for making the necessary decisions on what is required from a Practice Management point of view.

Non-CME Course

9:00 am – 9:30 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

9:30 am – 10:00 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am Break

10:15 am – 10:45 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

10:45 am – 11:15 am

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes

Peter Hellberg, M.S.

12:00 pm - 12:45 pm

Building Your Practice with DEXA

Presented by Tony Orlando

Non-CME symposium sponsored by DEXA Plus

Includes a complimentary lunch

1:00 pm – 1:45 pm

Developing a Marketing and Branding Program

Audrey Neff

1:45 pm – 2:30 pm

Employee Management and Engagement

Peter Hellberg, M.S.

2:30 pm – 2:45 pm Break

2:45 pm – 3:30 pm

Client / Patient Experience Expectations

Peter Hellberg, M.S.

3:30 pm – 4:15 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Art McOmber

4:15 pm – 5:00 pm

Practice Landmines & Practice Pearls

Chuck Guglin, M.D., FACS

5:00 pm – 5:15 pm

AMMG Physician and Healthcare Provider Certification Program

Francesca Guglin

SCHEDULE AT-A-GLANCE

Thursday, April 27th
PRE-CONFERENCE TRACK

Workshop: Regenerative Medicine for Aging

Regenerative medicine goes beyond disease management to search for and discover therapies that support the body in repairing, regenerating and restoring itself to a state of well-being. From prenatal surgical interventions to treatments for lifelong degenerative and disabling conditions, regenerative medicine therapies prompt the body to enact a self-healing response. These advancements in patient care across a wide range of medical specialties point to new solutions to expand and maintain optimal health and quality of life. Faculty have been asked to focus on FDA approved protocols, should they touch on off-label information they have been asked to clearly define any non FDA approved information.

8:00 am – 8:45 am

Unlocking the Secrets of Age Reversal

Ian A. White, M.S., Ph.D., FACRM

8:45 am – 9:30 am

Regenerative Medicine: A 360-Degree Approach

Mitchell J. Ghen, D.O., Ph.D

9:30 am - 10:15 am

Regenerative Medicine Injections for Managing Pain

Glenn M. Flanagan, II, M.D.

10:15 am – 10:30 am Break

10:30 am - 11:15 am

Evidence-Based Best Practices and Essentials in PRP Preparations to Achieve Significant Patient Outcomes

Peter A. Everts, Ph.D., FRSM

11:15 am - 12:00 pm

Pre and Post Procedure Recommendations: Ensuring Your Patients Get the Most of Their Regenerative Medicine Treatment

Gayan Poovendran, M.D.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health

Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 3:00 pm

Regenerative Medicine for Optimum Sexual Wellness for Men and Women

Carolyn DeLucia, M.D., FACOG

2:30 pm Exhibits Open

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:20 pm

Peptides for Athletic Performance

Luis Martínez, M.D., MPH

4:20 pm – 4:55 pm

Peptides for Cancer Therapy and Prevention

Edwin Lee, M.D.

4:55 pm – 5:30 pm

Peptides for Pain

Luis Martínez, M.D., MPH

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests. Held in Conference Networking and Exhibits Center

SCHEDULE AT-A-GLANCE

Thursday, April 27th
PRE-CONFERENCE TRACK

Workshop: The Use of Hormone Modulation in Age Management Medicine

Physicians treating an aging population must recognize the importance of hormone optimization for their patients. As men and women age, *all* hormones are affected. For women, changes in estrogen and testosterone levels with aging are a major concern. This is true during pre-menopause, menopause, and post-menopause, and lifelong. For men, testosterone level changes are the dominant hormonal component of aging. Every physician and clinician who treat mature patients, beginning in the mid-thirties, must have adequate medical expertise in Hormone Modulation to achieve significant outcomes and enhanced patient satisfaction.

8:00 am – 8:45 am

Estrogen

John C. Carrozzella, M.D., MSMA, AAARFM, FAARFM

8:45 am – 9:30 am

Thyroid and Cortisol

William Clearfield, D.O.

9:30 am - 10:15 am

Diagnosing and Treatment of Adult Onset Growth Hormone Deficiency

Edwin N. Lee, M.D.

10:15 am – 10:30 am Break

10:30 am - 11:15 am

Testosterone for Women

Florence Comite, M.D.

11:15 am - 12:00 pm

Testosterone for Men

Jeffrey Leake, M.D.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health

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1:30 pm – 2:00 pm

Case Presentations: Human Growth Hormone

Edwin Lee, M.D.

2:00 pm – 2:30 pm

Case Presentations: Testosterone for Women

Florence Comite, M.D.

2:30 pm Exhibits Open

2:30 pm – 3:00 pm

Case Presentations: Thyroid & Cortisol

William Clearfield, D.O.

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:15 pm

Case Presentations: Testosterone for Men

Jeffrey Leake, M.D.

4:15 pm – 5:00 pm

Case Presentations: Estrogen

John C. Carrozzella, M.D., MSMA, AAARFM, FAARFM

5:00 pm – 5:30 pm

Complex Hormone Cases

Derrick DeSilva, Jr., M.D.

5:30 pm – 7:00 pm

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SCHEDULE AT-A-GLANCE

Thursday, April 27th
PRE-CONFERENCE TRACK

Workshop: Office Based Aesthetics for the Age Management Medicine Clinician

In response to attendee requests for information on aesthetic protocols and treatments which are office based and can be done by non-board-certified Age Management Clinicians either full time or as an adjunct to their existing practice, the decision not to accredit this track was made so that attendees could be provided with business tools as well as the science and medical information necessary to implement these procedures. The goal is not to make this track commercial but to give speakers in this niche area the leverage to openly discuss procedures and answer questions that could be severely restricted in an accredited environment. This track is also very appropriate for Support Staff.

Workshop is Non-CME

8:00 am – 8:45 am

Successful, Safe, Easy to Implement, Multi-Modality Treatments for Physicians Entering the Aesthetic Marketplace, or Expanding their Aesthetic Practice

H. William Song, M.D.

8:45 am – 9:15 am

PRP or PRF: What is the Difference? Which Do I Use?

H. William Song, M.D.

9:15 am – 10:15 am

Key Considerations when Evaluating Exosomes for Aesthetic, Peri-procedure Use

Jordan Plews, M.D.

10:15 am – 10:30 am Break

10:30 am – 11:15 am

Hair Restoration (Includes Demonstration)

Carly Klein

11:15 am – 12:00 pm

Micro Needling (Includes Demonstration)

Tammy Polit, D.O.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health

Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 2:30 pm

Adding Aesthetic PDO Threads to your Aesthetic Repertoire

H. William Song, M.D.

2:30 pm – 3:00 pm

How “Dirty Skincare” Disrupts the Endocrine System

Jenny Califano, L.E.

2:30 pm Exhibits Open

3:00 pm – 3:30 pm Break / Visit Exhibits

3:30 pm - 4:15 pm

Male & Female Sexual Wellness Using PRP and PRF

Ian Levenson, D.O., FACOPF

4:15 pm – 5:00 pm

Business Development in the Aesthetic Field

Carly Klein

5:00 pm – 5:30 pm

Speakers Panel

5:30 pm – 7:00 pm

AMMG Welcome Reception

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SCHEDULE AT-A-GLANCE

Thursday, April 27th
PRE-CONFERENCE TRACK

Workshop: Traumatic Brain Injury—A Clinical Approach to Diagnosis and Treatment

This full day program will provide to the attendees overwhelming information culled from peer-reviewed articles on Traumatic and Non-Traumatic Brain Injuries as causative factors for personality changes, cognitive impairment and mood disorders leading up to suicide. The attendees will be walked through the literature discussing the effects of primary traumas and the secondary effects of inflammation and oxidative stress on functionality. The rising cases of post-COVID neurological complications will also be discussed as a new entry into non-traumatic brain injury due to the “Cytokine Storm”. This program will prepare you for the treatment.

Course Faculty (all sessions in this track)

Mark L. Gordon, M.D.

8:00 am – 9:00 am

Introduction to Neuroinflammation and Traumatic Brain Injury

9:00 am – 10:15 am

The Neurology Associated with Traumatic Brain Injury

10:15 am – 10:30 am Break

10:30 am – 11:30 am

Neuroinflammation of Traumatic Brain Injury

11:30 am – 12:00 pm

Endocrinology/Neuroendocrinology of Traumatic Brain Injury

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health

Presented by Derrick DeSilva, Jr., M.D.

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1:30 pm – 2:30 pm

Neuropsychiatry and Traumatic Brain Injury

2:30 pm – 3:30 pm

The Laboratory Assessment of Traumatic Brain Injury

2:30 pm Exhibits Open

3:30 pm – 4:10 pm Break / Visit Exhibits

4:10 pm – 5:30 pm

An Approach to the Treatment of Traumatic Brain Injury

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Held in Conference Networking and Exhibits Center

SCHEDULE AT-A-GLANCE

Friday, April 28th GENERAL SESSION

8:00 am – 8:10 am
Opening Remarks

8:10 am – 9:00 am
Advanced Cardiovascular Testing for Inflammatory Cardiovascular Disease
Cesar Pellerano, M.D.

9:00 am – 9:45 am
Estradiol as an Alternative to Statins in the Management of Cholesterol in Men
John C. Carrozzella, M.D., MSMA, AAARFM, FAARFM

9:45 am - 10:15 am Break / Visit Exhibits

10:15 am – 11:00 am
The Changing Demographic of Hypogonadism (low T Syndrome) and the Effect of Environmental Toxins on our Hormonal Health
Rudolph Eberwein, M.D.

11:00 am – 11:45 am
Emerging Treatment Paradigms in the Management of Parkinson's Disease
Kimber Barnett, DMSc, MS, PA-C

11:45 am – 12:00 pm
Why Undergo Certification in Age Management Medicine
Derrick DeSilva, Jr., M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm
Myths Doctors Believe Regarding Taxes, Lawsuits, and Estate Planning that Put Your Life and Practice at Risk
Presented by Art McOmber, *Former FBI Special Agent*
Open to all attendees and includes a complimentary lunch
Non-CME symposium sponsored by Fortune Law Firm

1:30 pm - 2:15 pm
Clinical Management of Post-Infectious Syndromes: How Model of Care for PANS/PANDAS can be Applied to Adult Population
Lindsey Wells, N.D.

2:15 pm – 3:00 pm
The Benefits of Orgasms in the Aging Population
Derrick DeSilva, Jr., M.D.

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm
Long COVID: a Multisystem Approach to Recovery
Chris Kleronomos, FNP, DAOM, MSc.

4:30 pm – 5:30 pm
Implications of COVID Infection and Vaccine in Treating HRT Patients
Presentation & Panel Discussion
Melissa Loseke-Ablett, D.O.
Angela DeRosa, D.O., MBA, CPE
Panel Discussion Participants
Chris Kleronomos, FNP, DAOM, MSc.
Sharon Hausman-Cohen, M.D., FAAFP, ABIHM
Rob Kominiarek, D.O., FACOFP
George Shapiro, M.D.

5:30 pm – 7:00 pm
AMMG Member and Faculty Reception
AMMG is bringing together our members, their guests and our esteemed faculty in a social setting to give them the opportunity to chat, network and exchange ideas.
An open bar, along with a carving station and hors d'oeuvres will be provided.
AMMG Members and Faculty may bring their spouse or significant other
Reception for AMMG Members & Faculty only

SCHEDULE AT-A-GLANCE

Saturday, April 29th GENERAL SESSION

8:00 am - 9:00 am

The Science of Methylation from the Gut to the Brain

Andrew Rostenberg, D.C., DIBAK

9:00 am - 10:00 am

Untangling Gut Issues with a Genomic Perspective

Sharon Hausman-Cohen, M.D., FAAFP, ABIHM

Maryelaine Sotos, D.O., MS, RD

10:00 am - 10:30 am Break / Visit Exhibits

10:30 am - 11:15 am

Human Imprintome in Health and Disease

Randy L. Jirtle, Ph.D.

11:15 am - 12:00 pm

The Endocrine/Neuroendocrine Laboratory Assessment for Age Management and Traumatic Brain Injury

Mark L. Gordon, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm - 1:00 pm

Personalized Peptides: Advancing the Future of Individualized Medicine Today

Presented by Dr. Nathan Goodyear

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Neo7Bioscience

1:30 pm - 2:15 pm

Nutrition Strategies to Maximize Mitochondrial Function for Health, Performance, and Longevity

Emily Werner, Ph.D., RD, CSSD

2:15 pm - 3:00 pm

Standardized Approach to Assessing Aging and Longevity

Luis Martínez, M.D., MPH

3:00 pm - 3:45 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

3:45 pm - 4:45 pm

Exploring Inflammaging and the Microbiome: Slowing the Aging Process

Heather Zwickey, Ph.D.

4:45 pm - 5:30 pm

The New Face of Weight Loss

William Clearfield, D.O.

SCHEDULE AT-A-GLANCE

Sunday, April 30th GENERAL SESSION

8:00 am – 9:30 am

Triggers of Autoimmunity: Mycotoxins; Diagnostic and Treatment Methods

Andrew W. Campbell, M.D.

9:30 am – 10:30 am

Supplements for Life: A Review of Commonly Used Supplements and Disease Specific Evidence Supporting Their Use

Rafid Fadul, M.D., MBA

10:30 am - 10:45 am Break

10:45 am - 11:30 am

Peptides, Optimizing Health & Performance; Reversing Immune Dysfunction and Slowing the Aging Process

Elliot Dinetz, M.D., ABFM, ABAARM

11:30 am – 12:30 pm

Biochemical Issues in Neuropathy: Literature Review of Pteridin-4 (BH4)

Betty Wedman-St. Louis, Ph.D.

12:30 pm – 1:30 pm

Killing Ourselves by Forgetting the Brakes: A Deep Dive into GABA, Positive Allosteric Modulators, and Natural Equivalents

Scott Sherr, M.D.

OBTAINING CME CERTIFICATES

**You must complete the online
Conference Evaluation / Attendance form
for CME credit**

For your convenience, this is done entirely online.

**Go to www.AgeMed.org, click on April 2023 Conference, go to Accreditation
and follow the screen prompts.**

Please click on the attestation statement and complete all the required information.

NON-CME EVENTS OPEN TO ALL ATTENDEES

THURSDAY, APRIL 27TH

12:00 pm – 1:00 pm

The Glyocalyx and Nitric Oxide: Revolutionizing Endothelial Health

Presented by Derrick DeSilva, M.D.

Includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

5:30 pm – 7:00 pm

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FRIDAY, APRIL 28TH

12:00 pm – 1:00 pm

Myths Doctors Believe Regarding Taxes, Lawsuits, and Estate Planning that Put Your Life and Practice at Risk

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SATURDAY, APRIL 29TH

12:00 pm – 1:00 pm

Personalized Peptides: Advancing the Future of Individualized Medicine Today

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e-Journal of
AGE MANAGEMENT MEDICINE

The **E-Journal of Age Management Medicine** (Editor, Jeff Morris) is published bi-monthly by AMMG. Now in its 17th year, this electronic publication is designed to introduce readers to the specialty of Age Management Medicine, whether they are healthcare professionals familiar with this proactive, preventative approach who have already incorporated it into their practice, or are among those interested in doing so. We acknowledge the medical professionals who have pioneered in this area, and our goal is to provide them and those who will follow in their footsteps with a reliable source of cutting edge news, practical advice and relevant information about Age Management Medicine—with the goal of superior patient care, increased practice revenue and greater job satisfaction. Your comments or suggestions are welcome at journal@AgeMed.org.

CALL FOR ARTICLES AND PAPERS

The **E-Journal of Age Management Medicine** encourages and invites authors interested in submitting articles for publication to email us at journal@AgeMed.org.

Specifications: Articles should be **non-commercial** and must be related to Age Management Medicine. Those articles offering clinical perspectives or original research are given priority. Articles should be submitted in an electronic format, preferably in Microsoft Word as an attached file. Articles of extreme length may be split and published as multi-part articles. Please limit or exclude graphics. Articles should include a short biographical sketch of all listed authors.

Provisions: AMMG retains the right to refuse any article that we determine to be outside our editorial mission or inappropriate for this publication. AMMG may approve selected articles for reprinting in other publications, providing proper accreditation to the original author(s).