

Wednesday, April 10th

**Practice Management Workshop: Launching and Growing a
Successful Age Management Practice**

Non-CME workshop

8:30 am – 9:00 am

The Direct Pay/Partial Direct Pay Practice Model
Chuck Guglin, M.D., FACS

9:00 am – 9:30 am

Development of Practice Services and Procedures
Chuck Guglin, M.D., FACS

9:30 am – 10:00 am

Development of Diagnostic Tools and Procedures
Chuck Guglin, M.D., FACS

10:00 am – 10:15 am Break

10:15 am – 11:15 am

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office
Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes
Joshua D'Alessandro, CSCS, PN-1, MS

12:00 pm – 12:45 pm

Building Your Practice with DEXA
Presented by Tony Orlando
Non-CME symposium sponsored by DEXA Plus
Includes a complimentary lunch

1:00 pm – 1:45 pm

Developing a Marketing and Branding Program
Audrey Neff

1:45 pm – 2:30 pm

Employee Management and Engagement
Joshua D'Alessandro, CSCS, PN-1, MS

2:30 pm – 2:45 pm Break

2:45 pm – 3:30 pm

Client / Patient Experience Expectations
Joshua D'Alessandro, CSCS, PN-1, MS

3:30 pm – 4:15 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced
Art McOmber

4:15 pm – 5:00 pm

Practice Landmines & Practice Pearls
Chuck Guglin, M.D., FACS

5:00 pm – 5:15 pm

AMMG Physician and Healthcare Provider Certification Program
Francesca Guglin

5:15 pm – 5:30 pm

Open Forum with Q & A

Wednesday, April 10th

**Workshop: Aesthetic Procedures for the Age Management Medicine
Clinician – Demonstration Based Educational Format**

Non-CME workshop

8:30 am – 9:30 am

PRP and PRF: a Natural Alternative to Dermal Fillers?

Tammy Polit, D.O.

9:30 am – 10:30 am

How to Make Your Practice Stand Out with PDO Threads

Enrico Guarino, M.D.

10:30 am – 10:45 am Break

10:45 am – 12:00 pm

Stopping Hair Loss in Its Tracks

Carly Klein

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Refine USA

1:00 pm – 2:00 pm

Combination Treatments: How and When to Combine Treatments !

Marie Piantino, LE

2:00 pm – 3:00 pm

Exosomes and Growth Factors in the Aesthetics Practice

H. William Song, M.D.

3:00 pm – 3:15 pm Break

3:15 pm – 4:00 pm

Fat Transfer, the Ultimate In-Office Procedure

H. William Song, M.D.

4:00 pm – 4:45 pm

Demonstrations of Office Based Cosmetic Peels

Marie Piantino, LE

Nadia Bixler, L.E.I.

4:45 pm – 5:30 pm

Pearls from 30 Combined Years in Private Aesthetics Practice

H. William Song, M.D.

Tammy Polit, D.O.

Thursday, April 11th

**Workshop: Essential Knowledge in Hormone Modulation for
Men & Women**

8:00 am – 9:30 am

Estradiol, Progesterone, Testosterone for Women: Mechanisms of Action, Symptoms of Excess/Deficiency, Relationship to Diseases of Aging including CVD, Dementia, Osteoporosis, Sarcopenia, and Breast Cancer
Kathryn Retzler, N.D.

9:30 am – 10:15 am

Women's Hormone Testing: Serum and Urine; Estrogen Metabolism and Testing
Kathryn Retzler, N.D.

10:15 am – 10:30 am Break

10:30 am – 11:30 am

BHRT Delivery Options for Women (Patented Pharmaceuticals & Compounded), Complications and Side Effects and How to Management Them, Informed Consent for Patients
Kathryn Retzler, N.D.

11:30 am - 12:00 pm

Women's Case Presentations
Kathryn Retzler, N.D.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health
Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 3:00 pm

Basic Hormone Replacement/Replenishment for Men
William Clearfield, D.O.

2:30 pm Exhibits Open

3:00 pm – 3:40 pm Break / Visit Exhibits

3:40 pm – 4:30 pm

The Thyroid-Adrenal Show
William Clearfield, D.O.

4:30 pm – 5:30 pm

Preventing / Managing Complications of Bio-Identical Hormone Therapy
Derrick DeSilva, Jr., M.D.

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Thursday, April 11th

**Workshop: Essential Knowledge in the Clinical Use of Peptides for
Age Management Medicine**

Non-CME workshop

In conjunction with the Clinical Peptide Society

Requirement: Bring your laptop computer for the class to take the post workshop examination.

8:00 am – 8:05 am

**Welcome to the Workshop on Essential Knowledge
in the Clinical Use of Peptides**

8:05 am – 8:35 am

Introduction to Peptides
Edwin Lee, M.D.

8:35 am - 9:05 am

The Wolverine Peptide BPC157
Edwin Lee, M.D.

9:05 am – 9:35 am

Mitochondria Peptide
Luis Martínez, M.D., MPH

9:35 am – 10:00 am

Growth Hormone Peptides
Edwin Lee, M.D.

10:00 am – 10:15 am Break

10:15 am – 10:45 am

Immune Stimulating Peptides
Luis Martínez, M.D., MPH

10:45 am - 11:15 am

Neuroregenerative Peptides
Edwin Lee, M.D.

11:15 am – 11:45 am

Peptides for Pain
Luis Martínez, M.D., MPH

11:45 am - 12:00 pm

Morning Session Q & A

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

**The Glycocalyx and Nitric Oxide: Revolutionizing
Endothelial Health**
Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 1:50 pm

Cosmeceutical Peptides
Edwin Lee, M.D.

1:50 pm – 2:20 pm

**Peptides for Cancer (Met-Enkephalin, TA-1, GHK-
Copper)**
Luis Martínez, M.D., MPH

2:20 pm - 2:35 pm

Sex Peptides
Edwin Lee, M.D.

2:35 pm – 3:00 pm

Peptides for Autoimmune Diseases
Luis Martínez, M.D., MPH

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:15 pm

Epitalon
Edwin Lee, M.D.

4:15 pm – 4:30 pm

**Other Peptides and Top 5 Peptides We Are Using
for 2024**
Luis Martínez, M.D., MPH

4:30 pm – 5:30 pm

Question and Answer Session
Edwin Lee, M.D.
Luis Martínez, M.D., MPH

4:30 pm – 5:30 pm

Online Test - requires a laptop

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Thursday, April 11th

**Workshop: Fundamentals and Clinical Applications of
IV Nutrient Therapy**

Non-CME workshop

In conjunction with Elevate Health Physician Training Academy

Course Faculty
Alia L. Fox, M.D.

8:00 am – 8:45 am
History, Indications and Scientific Evidence-Based Rationale for the Clinical Use of IV Nutrient Therapy

8:45 am – 9:30 am
Recommended Patient Assessments & The Hippocrates & “Zebras”

9:30 am - 9:45 am
Components of IV Nutrition and Equipment & Set Up Procedures: IV Bottles, Bags & IV Sets

9:45 am – 10:00 am Break

10:00 am – 12:00 pm
Hydrate or Die-Drate: Beyond the Myers Cocktail - Part 1

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm
The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health
Presented by Derrick DeSilva, Jr., M.D.
Open to all attendees and includes a complimentary lunch
Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 2:45 pm
Hydrate or Die-Drate: Beyond the Myers Cocktail - Part 2

2:30 pm Exhibits Open

2:45pm – 3:30 pm Break / Visit Exhibits

3:30pm – 4:30 pm
Clinical Pearls for the Administering of IV Therapy

4:30 pm – 5:30 pm
The Business of IV Therapy, Implementing it into your Clinic

5:30 pm – 7:00 pm
AMMG Welcome Reception
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Thursday, April 11th

**Workshop: Traumatic Brain Injury—A Clinical Approach to
Diagnosis and Treatment**

8:00 am – 9:00 am

An Introduction to Traumatic Brain Injury

Mark L. Gordon, M.D.

9:00 am – 10:15 am

The Laboratory of Traumatic Brain Injury

Mark L. Gordon, M.D.

10:15 am – 10:30 am Break

10:30 am – 11:30 am

Traumatic Brain Injury and Neurobehavior

Mizyl Damayo, M.D., ABPN, ABAM

11:30 am – 12:00 pm

Neuroinflammation and Oxidative Stress, the Foundation for Treating Traumatic Brain Injury, Part I

Mark L. Gordon, M.D.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Glycocalyx and Nitric Oxide: Revolutionizing Endothelial Health

Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 2:30 pm

Neuroinflammation and Oxidative Stress, the Foundation for Treating Traumatic Brain Injury, Part II

Mark L. Gordon, M.D.

2:30 pm – 3:30 pm

Putting it All Together with Case Studies

Mark L. Gordon, M.D.

2:30 pm Exhibits Open

3:30 pm – 4:10 pm Break / Visit Exhibits

4:10 pm – 5:30 pm

Case Studies and Q&A

Mark L. Gordon, M.D.

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Friday, April 12th
General Session

7:00 - 7:45 am

Implications and Impact of Poly-Pharmacy on Aging

Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary breakfast

Non-CME symposium sponsored by Common Sense Supplements

8:00 am – 8:15 pm

Opening Remarks

8:15 am – 9:15 am

Legal Insight Into Regulatory Issues Impacting Age Management Medicine: Peptides, Hormones & Supplements

Paul D. Werner, Esq.

9:15 am – 10:00 am

The Role of Glycobiology in Preventative and Personalized Healthcare

Luis Martínez, M.D., MPH

10:00 am - 10:45 am Break / Visit Exhibits

10:45 am – 11:45 am FEATURED LECTURE

Reversing the Biomarkers of Aging and Reducing Toxins with Therapeutic Plasma Exchange

Paul Savage, M.D., FACEP, FAARM

11:45 am – 12:00 pm

Why Undergo Certification in Age Management Medicine

Derrick DeSilva, Jr., M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

Build Your Fortress of Protection and Eliminate the Four Threats!

Presented by Art McOmber, Former FBI Special Agent

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Fortune Law Firm

1:30 pm – 2:10 pm

Exploring Metabolic Paradigms in Cancer: From Theory to Therapeutics with a Multi-Targeted Approach

Mitchell J. Ghen, D.O., Ph.D.

2:10 pm - 2:50 pm (*Non-CME lecture*)

Current Impact of Available Age Rejuvenation Strategies, Including Apheresis, Young Plasma, and Gene Therapies Such as Follistatin Gene Therapy and Klotho Gene Therapy

Daniel L. Stickler, M.D.

2:50 pm – 3:30 pm

Is it Alzheimer's ? If Not What Is It?

Sharon Hausman-Cohen, M.D.

3:30 pm – 4:00 pm Break / Visit Exhibits

4:00 pm – 4:45 pm

Integrative Approaches to Sustainable Weight Loss: The Mind Body Paradox

Beatriz R. Olson, M.D., FACP

4:45 pm – 5:30 pm

Iron and Testosterone, A Complex and Toxic Relationship: To Donate or Not?

Rudolph Eberwein, M.D.

5:30 pm – 6:30 pm

AMMG Exhibit Hall Happy Hour

Join us for complimentary Margaritas, Wine and Beer

Open to all conference attendees, spouses and guests - Held in Conference Networking and Exhibits Center

Saturday April 13th
General Session

8:00 am – 8:15 am

Presentation of the L. Stephen Coles, MD, Ph.D. Award for Research and Science Innovation in Aging and Age Management Medicine

8:15 am - 9:15 am

Molds, Mycotoxins, The Brain, the Gut, and Misconceptions
Andrew W. Campbell, M.D.

9:15 am - 10:00 am

The Role that the Gut Microbiome plays in Aging and Longevity: Differences in Young and Aging Microbiome, Role of Butyrate and Therapeutic Gut Interventions
Derrick DeSilva, Jr., M.D.

10:00 am - 10:30 am Break / Visit Exhibits

10:30 am - 11:15 am (Non-CME lecture)

Trailblazing in Medicine: A Journey into the Next Treatment Frontier Utilizing Autologous Exosome Therapies
George Shapiro, M.D.

11:15 am - 12:00 pm

Hashimoto Thyroiditis: Conventional vs. Integrative Medical Models
William Clearfield, D.O.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

Secrets of How I Took My Practice from Bankruptcy to 7-Figures
Presented by Aimee Duffy, M.D.
Open to all attendees and includes a complimentary lunch
Non-CME symposium

1:30 pm - 2:15 pm

Akkermansia and Other Strategies beyond glp-1 Medications
Maryelaine Sotos, D.O., M.Arch, M.S., R.D.

2:15 pm - 3:00 pm (Non-CME lecture)

Estrogen a Longevity Drug? A Glycan Perspective
Simisola Oke, M.D., BSc

3:00 pm - 3:45 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

3:45 pm - 4:45 pm

How the S-Spike Protein from the SARS-coV-2 Virus Affects and Accelerates Aging and Steps to Mitigate
Yusuf JP Saleeby, M.D., PC

4:45 pm - 5:30 pm

The Microbiome: What Do We Know So Far?
Sabine Hazan, M.D.

Sunday April 14th
General Session

8:00 am - 9:00 am

Interaction of Fatty Acids and the Cannabinoid System

Michael Lewis, MD, MPH, MBA, FACPM, FACN

9:00 am - 10:00 am (Non-CME lecture)

The Relationships between Nutrition and Cancer

John E. Lewis, Ph.D.

10:00 am - 10:15 am Break

10:15 - 11:15 am (Non-CME lecture)

Improving Healthspan Through Mitophagy Activation

Lisa Koche, M.D.

Jennifer Scheinman, M.S., RDN, CDN

11:15 am - 12:15 pm

Lyme and Lyme Neuroborreliosis: Diagnosis and Treatment Based on the Latest Evidence

Andrew W. Campbell, M.D.

R E M I N D E R !

Be Sure to Complete Your Conference CME Evaluation – Online

All attendees must complete a conference CME evaluation/attendance form to receive CME credit. For your convenience, this is now done entirely online. There is no waiting: CME certificates can be printed out as soon as the evaluation is submitted.

Please go to www.AgeMed.org, click on April 2024 Conference, go to Accreditation and follow the screen prompts. Upon completion certificates will also be emailed to the email address you enter.

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NON-CME EVENTS OPEN TO ALL ATTENDEES

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Includes a complimentary breakfast

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