

Wednesday, April 23rd

**Practice Management Workshop: Launching and Growing a
Successful Age Management Practice**

Non-CME workshop

7:00 am – 7:45 am

Complimentary Breakfast – Open to all attendees

8:00 am – 8:40 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

8:40 am – 9:20 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

9:20 am – 10:00 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am Break

10:15 am – 11:15 am

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes and the Patient Experience Expectations

Jorge Mora Ruiz, BS, MBA

12:00 pm – 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Building Your Practice with DEXA: Key Metrics, Improved Patient Outcomes, New Clients & Competitive Advantages Presented by Tony Orlando

Non-CME symposium sponsored by DEXA Plus

Open to all attendees and includes a complimentary lunch

1:00 pm – 1:45 pm

Employee Management and Engagement

Jorge Mora Ruiz, BS, MBA

1:45 pm – 2:30 pm

Marketing Part 1: Developing a Marketing and Branding Program

Audrey Neff

2:30 pm – 3:15 pm

Marketing Part 2: Your Marketing Playbook: Step-by-Step Execution for Patient Growth in Age Management Medicine

Lori Werner

3:15 pm – 3:30 pm Break

3:30 pm – 4:15 pm

Financial Literacy for Physicians, Staff, and the Age Management Practice

John Rush, M.D., MBA

4:15 pm – 5:00 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Art McOmer

5:00 pm – 5:30 pm

Practice Landmines & Practice Pearls

Chuck Guglin, M.D., FACS

Wednesday, April 23rd

**Workshop: Office Based Aesthetic Procedures for the Age
Management Medicine Practitioner**

Non-CME workshop

7:00 am – 7:45 am

Complimentary Breakfast – Open to all attendees

8:00 am – 9:00 am

Marketing an Aesthetic Practice / Aesthetic Services

Taylor Gore

9:00 am – 10:00 am

Developing a Menu of Procedures that Fits Your Practice

Marie Piantino, L.E.

10:00 am – 10:15 am Break

10:15 am – 11:00 am

Make Your Practice Stand Out with PDO Threads: Minimal Investment with Great ROI, Patients are Looking for a Simple Fix Not a Surgery!

Enrico Guarino, M.D.

11:00 am – 12:00 pm

10K Facial: Learn How to Combine Treatments to Sell a Comprehensive Package That Will Have Your Patients Swear They Are Aging Backwards

H. William Song, M.D.

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Refine USA

1:00 pm – 2:00 pm

Profiting with Peels

Nadia Bixler, L.E.I.

2:00 pm – 3:00 pm

Exosomes and Growth Factors in the Aesthetics Practice

Jordan R. Plews, Ph.D.

3:00 pm – 3:15 pm Break

3:15 pm – 4:00 pm

PRP and PRF Bio Fill

Tammy Polit, D.O.

4:00 pm – 5:00 pm

Microneedling & PRP: The Evolution from Vampire Facial® & Hair to Vampire Wing Lift® and Breasts - It's About Much More than Beauty

Charles Runels, M.D.

5:00 pm – 5:30 pm

Pearls from 30 Combined Years in Private Aesthetics Practice

H. William Song, M.D.

Tammy Polit, D.O.

Charles Runels, M.D.

Enrico Guarino, M.D.

Nadia Bixler, L.E.I.

Thursday, April 24th

Workshop: Introduction to Core Issues in Age Management Medicine

7:00 am – 7:45 am

Complimentary Breakfast – Open to all attendees

8:00 am – 9:30 am

Basic Hormone Replacement/Replenishment for Men

William Clearfield, D.O.

9:30 am – 10:15 am

Clinical Use of Supplements in an Age Management Medicine Practice

Derrick DeSilva, Jr., M.D.

10:15 am – 10:30 am Break

10:30 am – 12:00 pm

Basic Hormone Replacement/Replenishment for Women

John C. Carrozzella, M.D., MSMS, AAARFM, FAARFM

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Surprising Connections Between Cardiovascular and Joint Health

Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 2:15 pm

Use of Fitness & Exercise in an Age Management Medicine Practice

Danilo Contiero, Ph.D., MSc

2:15 pm – 3:00 pm

Using Precision Medicine in an Age Management Medicine Practice

Daniel Stickler, Ph.D., MSc

2:30 pm Exhibits Open

3:00 pm – 3:40 pm Break / Visit Exhibits

3:40 pm – 4:30 pm

Age Management Medicine Clinical Recommendations for Diet and Weight Loss

Rob Kominiarek, D.O., FACOFP

4:30 pm – 5:30 pm

Assessing the Age Management Medicine Patient

Elliot Dinetz, M.D., ABFM, FAAMM

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Thursday, April 24th

Workshop: Essential Knowledge in the Clinical Use of Peptides for Age Management Medicine

Non-CME workshop

In conjunction with the Clinical Peptide Society

Requirement: Bring your laptop computer for the class to take the post workshop examination.

7:00 am – 7:45 am

Complimentary Breakfast – Open to all attendees

8:00 am – 8:05 am

Welcome to the Workshop on Essential Knowledge in the Clinical Use of Peptides

8:05 am – 8:35 am

Introduction to Peptides

Edwin Lee, M.D.

8:35 am - 9:05 am

The Wolverine Peptide

Edwin Lee, M.D.

9:05 am – 9:35 am

Mitochondria Peptide

Edwin Lee, M.D.

9:35 am – 10:00 am

Growth Hormone Peptides

Edwin Lee, M.D.

10:00 am – 10:15 am Break

10:15 am – 10:45 am

Cosmeceutical Peptides

Edwin Lee, M.D.

10:45 am - 11:15 am

Neuroregenerative Peptides

Edwin Lee, M.D.

11:15 am – 11:45 am

Pineal Peptides

Edwin Lee, M.D.

11:45 am - 12:00 pm

Morning Session Q & A

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

The Surprising Connections Between Cardiovascular and Joint Health

Presented by Derrick DeSilva, Jr., M.D.

Open to all attendees and includes a complimentary lunch
Non-CME symposium sponsored by Calroy Health Sciences

1:30 pm – 1:55 pm

Immune Stimulating Peptides

Luis Martínez, M.D., MPH

1:55 pm – 2:20 pm

Peptides for Cancer

Luis Martínez, M.D., MPH

2:20 pm - 2:35 pm

Sex Peptides

Edwin Lee, M.D.

2:30 pm Exhibits Open

2:35 pm – 3:00 pm

Peptides for Autoimmune Diseases

Luis Martínez, M.D., MPH

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:05 pm

Peptides for Pain

Luis Martínez, M.D., MPH.

4:05 pm – 4:30 pm

Other Peptides and Top 5 Peptides We Are Using for 2025

Luis Martínez, M.D., MPH

4:30 pm – 5:30 pm

Online Test - requires a laptop

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests
Held in Conference Networking and Exhibits Center

Thursday, April 24th
Morning Session

**Workshop: Clinical Applications of Autologous Biologics -
Stem Cell Banking and Autologous Exosomes
(Includes Live Demonstration)**

Non-CME workshop

*Unrestricted Educational Grants were provided to AMMG to facilitate this non-CME workshop by
American Cell Technologies and Zeo Scientific*

Course Faculty

Luis Martínez, M.D., MPH

George Shapiro, M.D.

7:00 am – 7:45 am

Complimentary Breakfast – Open to all attendees

8:00 am – 8:45 am

Overview of Stem Cell Biology and Applications

8:45 am – 9:15 am

Adult Stem Cell Banking: Rationale, Methods and Clinical Potential

9:15 am - 9:45 am

The Rise of Autologous Exosomes: A Natural Complement to Stem Cells

9:45 am – 10:00 am

Clinical Applications of AE: Case Examples & Treatment Integration

10:00 am – 10:15 am Break

10:15 am – 12:00 pm

Live Demonstrations of Autologous Biologics: Stem Cell & AE Therapies

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

**The Surprising Connections Between Cardiovascular and Joint Health
Presented by Derrick DeSilva, Jr., M.D.**

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Calroy Health Sciences

Thursday, April 24th

Afternoon Session

**Interventional Age Management Procedural Workshop:
Joint Injections Using Fluoroscopic Guidance for the Precise
Intra-Articular Placement of Bio-Active Agents**

Includes Live Demo

*Non-CME workshop
(Limited to 25 attendees)*

1:30 pm – 2:00 pm

Scientific and Evidence Basis for the Use of Viscosupplement Injections to Reduce Pain & Increase Mobility without Surgery or the Use of Opioids

John Rush, M.D., MBA

2:00 pm – 3:00 pm

Demonstration of Injection Techniques in the Knee, Shoulder, and Elbow Joints

John Rush, M.D., MBA

Thomas Locke, M.D., MPH

Kristin Palladino, SVP

2:30 pm Exhibits Open

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:05 pm

Intra-articular Injections of Peptides: Report on an Ongoing Study Using BP157

Edwin Lee, M.D.

4:05 pm – 4:45 pm

Non-Surgical, Non-Opioid Solutions to Back and Hip Pain

Stephanie Cernuto, PA-C

4:45 pm – 5:30 pm

The Use of PRP as an Effective Evidence Based Clinical Treatment

Thomas Locke, M.D., MPH

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Thursday, April 24th
Morning Session

**Workshop: Health Issues Impacting Aging Resulting from Exposure
to Mycotoxins, Mold, Fungus and Environmental Toxins**

Course Faculty
Andrew W. Campbell, M.D.

7:00 am – 7:45 am
Complimentary Breakfast – Open to all attendees

8:00 am – 9:00 am
Mold, Mycotoxins, and the Contaminated Indoor Environment: Brief Review

9:00 am – 10:00 am
Autoimmunity is More Common than Cancer and Heart Diseases Combined

10:00 am – 10:15 am Break

10:15 am – 11:00 am
How Hormones Are Affected by Molds/Mycotoxin

11:00 am – 12:00 pm
Treatment and Prevention of Molds/Mycotoxin Driven Disorders

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm
The Surprising Connections Between Cardiovascular and Joint Health
Presented by Derrick DeSilva, Jr., M.D.
Open to all attendees and includes a complimentary lunch
Non-CME symposium sponsored by Calroy Health Sciences

Thursday, April 24th
Afternoon Session

Workshop: Serial Therapeutic Plasma Exchange: Advancing Clinical Applications for Age Management Medicine

1:30 pm – 2:15 pm

Therapeutic Plasma Exchange: History, Evidence Basis for Use & Clinical Applications

Paul Savage, M.D., FACEP, FAARM

2:15 pm – 3:00 pm

Toxicology in a Nutshell

Janet Eng, D.O.

2:30 pm Exhibits Open

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm

Case Presentations with Interactive Discussion: Therapeutic Plasma Exchange

Janet Eng, D.O.

4:30 pm – 5:30 pm

Qualifying Patients for TPE

Paul Savage, M.D., FACEP, FAARM

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Friday, April 25th **General Session**

7:00 - 7:45 am

Providing Pioneering Care You Believe In & Accelerating Impact Influence & Income

Presented by Lé Santha Naidoo, D.O. & Clint Arthur

Open to all attendees and includes a complimentary breakfast

Non-CME symposium sponsored by Celebrity Entrepreneur

8:00 am – 8:05 am

Opening Remarks

8:05 am – 8:50 am

Correcting Dyslipidemia and Dysglycemia in Men: A Healthy Hormonal Approach

John C. Carrozzella, M.D., MSMS, AAARFM, FAARFM

8:50 am – 9:40 am

The Double Whammy of Aging: Combating Muscle Loss and Visceral Adipose Tissue (VAT) with Testosterone and GLP-1

Rudolph Eberwein, M.D.

9:40 am - 10:10 am Break / Visit Exhibits

10:10 am – 11:00 am

Systems Analysis of the Female Orgasm: Research Review and Clinical Application

Charles Runels, M.D.

11:00 am – 11:45 am

Urinary and Fecal Incontinence in the Menopausal Woman: What is Old and What is New in Regenerative Gynecology

Alexandra Runnels, M.D., FACOG, CMA

11:45 am – 12:00 pm

Why Undergo Certification in Age Management Medicine

James Powell, R.N.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

Mastering the Art of Tax Strategy and Asset Protection

Presented by Art McOmber, Former FBI Special Agent

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Fortune Law Firm

1:30 pm – 2:15 pm

Understanding Menopause on a Genomic Level

Sharon Hausman-Cohen, M.D.

2:15 pm - 3:00 pm

Menopause Treatment and Optimal Aging

Carolyn DeLucia, M.D., FACOG

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm

Beyond the Algorithm: Partnering with AI to Elevate Systems Healthcare

Daniel Stickler, M.D.

4:30 pm – 5:30 pm

Intersection of Preventive Medicine and Informatics/AI/Digital

Taylor Martin, D.O., MPH

5:30 pm – 6:30 pm

Therapeutic Plasma Exchange (TPE) Demonstration, Q & A with the Experts

Presented by Paul Savage, M.D., Janet Eng, D.O.

Non-CME symposium sponsored by MD Lifespan

Held in Rose Room (just across the courtyard from Conference Registration)

Saturday April 26th
General Session

7:00 am – 7:45 am

Continental Breakfast – Open to all attendees

8:00 am – 8:40 am

Hormonal and Metabolic Optimization to Reverse Biological Aging: Case Studies in Precision Medicine
Shaghig Tchapanian, MCMSc, PA-C

8:40 am - 9:25 am

Vitamin K

Derrick DeSilva, Jr., M.D.

9:25 am - 10:05 am

Clinical Applications of Autologous Stem Cells

Luis Martinez, M.D.

10:05 am - 10:40 am Break / Visit Exhibits

10:40 am - 11:20 am *(Non-CME lecture)*

Ultra-Processed Foods: Health Impacts and How to Talk to Patients

John Neustadt, N.D.

11:20 am - 12:00 pm *(Non-CME lecture)*

Using Nutrition and Dietary Supplements to Counteract Chronic Inflammation

John E. Lewis, Ph.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

Complimentary Lunch provided by AMMG
for all Attendees, Sponsors and Exhibitors

Held in Conference Networking and Exhibits Center

1:30 pm - 2:15 pm

Inflammasome Assembly and Activation

Christopher H. Roberts, M.D.

2:15 pm - 3:15 pm

Non Invasive Labiaplasty to Improve Sexual Function

Carolyn DeLucia, M.D., FACOG

3:00 pm - 3:45 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

3:45 pm - 4:30 pm

Decoding the Hidden Dialogue Between Longevity & Gut Health and Cognitive Vitality

Deepa Verma, M.D., AIHM

4:30 pm - 5:30 pm

Neuroinflammation: the Road to Neuropsychiatric Conditions

Mark L. Gordon, M.D.

Sunday April 27th
General Session

7:00 am - 7:45 am

Continental Breakfast - Open to all attendees

8:00 am - 9:00 am

Blood Flow Restriction to Improve Age Related Sarcopenia and Increase Strength in Older Adults

Chris A. Kleronomos, FNP-BC, (DAAPM), DAOM-L.Ac. RH (AHG), MSc., (ABAAHP)

9:00 am - 10:00 am (*Non-CME lecture*)

The Maturation of Medicine in Southeast Asia and Beyond

Anthony Jude Tan

10:00 am - 10:15 am Break

10:15 am - 11:15 am

Why End-Stage Kidney Disease Has Become a Global Epidemic

Patana Teng-umnuay, M.D., Ph.D.

11:15 am - 12:15 pm

The Microbiome in Health and Disease

William Clearfield, D.O.

RE M I N D E R !

Be Sure to Complete Your Conference CME Evaluation - Online

All attendees must complete a conference CME evaluation/attendance form to receive CME credit. For your convenience, this is now done entirely online. There is no waiting: CME certificates can be printed out as soon as the evaluation is submitted.

Please scan the QR code at the Registration Desk to go to the Conference Quick Guide.
Next click on the CME Evaluation Link.

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NON-CME EVENTS OPEN TO ALL ATTENDEES

Wednesday, April 23rd

7:00 am – 7:45 am

Complimentary Breakfast

12:00 pm – 12:45 pm

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Presented by Tony Orlando

Sponsored by DEXA Plus

Includes a complimentary lunch

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Sponsored by Refine USA

Includes a complimentary lunch

Thursday, April 24th

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Complimentary Breakfast

12:00 pm – 1:00 pm

The Surprising Connections Between Cardiovascular and Joint Health

Presented by Derrick DeSilva, Jr., M.D.

Sponsored by Calroy Health Sciences

Includes a complimentary lunch

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Presented by Lé Santha Naidoo, D.O. & Clint Arthur

Sponsored by Celebrity Entrepreneur

Includes a complimentary breakfast

12:00 pm – 1:00 pm

Build Your Fortress of Protection and Eliminate the Four Threats!

Presented by Art McOmber, Former FBI Special Agent

Sponsored by Fortune Law Firm

Includes a complimentary lunch

5:30 pm – 6:30 pm

Therapeutic Plasma Exchange (TPE) Demonstration, Q & A with the Experts

Presented by Paul Savage, M.D., Janet Eng, D.O.

Sponsored by MD Lifespan

Held in Rose Room, just across courtyard from Conference Registration

Saturday April 26th

7:00 am – 7:45 am

Continental Breakfast

12:00 pm – 1:00 pm

Complimentary Lunch provided by AMMG

For all Attendees, Sponsors and Exhibitors

Held in Conference Networking and Exhibits Center

Sunday April 27th

7:00 am – 7:45 am

Continental Breakfast