

Wednesday, April 15th

Workshop: Essential Knowledge and Updates for the Clinical Use of Peptides

Non-CME workshop

In conjunction with the Clinical Peptide Society

Requirement: Bring your laptop computer for the class to take the post workshop examination.

8:00 am – 8:40 am

Welcome to the Workshop on Essential Knowledge in the Clinical Use of Peptides
Chuck Guglin, M.D., FACS

8:05 am – 8:35 am

Introduction to Peptides
Edwin Lee, M.D.

8:35 am - 9:05 am

The Wolverine Peptide
Edwin Lee, M.D.

9:05 am – 9:35 am

Mitochondria Peptide
Luis Martínez, M.D., MPH

9:35 am – 10:00 am

Immune Stimulating Peptides
Luis Martínez, M.D., MPH

10:00 am – 10:15 am Break

10:15 am – 10:45 am

Peptides for Autoimmune Diseases
Luis Martínez, M.D., MPH

10:45 am - 11:15 am

Growth Hormone Peptides
Edwin Lee, M.D.

11:15 am – 11:45 am

Neuroregenerative Peptides
Edwin Lee, M.D.

11:45 am - 12:00 pm

Morning Session Q & A

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Monday Morning

Presented by Mark Hincer, CEO & Pharmacist

Open to all attendees and includes a complimentary lunch held in room I-J

Non-CME symposium sponsored by Agere Sciences

1:30 pm – 1:55 pm

Peptides for Cancer

Luis Martínez, M.D., MPH

1:55 pm – 2:20 pm

Cosmeceutical Peptides

Edwin Lee, M.D.

2:20 pm - 2:35 pm

Peptides for Pain

Luis Martínez, M.D., MPH

2:35 pm – 3:00 pm

Sex Peptides

Luis Martínez, M.D., MPH

3:00 pm – 3:45 pm

Break

3:45 pm – 4:05 pm

Pineal Peptides

Edwin Lee, M.D.

4:05 pm – 4:30 pm

Melanton Peptides and Questions for Review

Luis Martínez, M.D., MPH

4:30 pm – 5:30 pm

Online Test - Requires a Laptop

Wednesday, April 15th

Practice Management Workshop: Launching and Growing a Successful Age Management Practice

Non-CME workshop

8:00 am – 8:40 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

8:40 am – 9:20 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

9:20 am – 10:00 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am Break

10:15 am – 11:15 am

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes and the Patient Experience Expectations

Rudy Inaba

12:00 pm – 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Building Your Practice with DEXA: Key Metrics, Improved Patient Outcomes, New Clients & Competitive Advantages Presented by Tony Orlando, President & Founder DEXA Scan

Open to all attendees and includes a complimentary lunch; held in room K

Non-CME symposium sponsored by DEXA Scan

1:00 pm – 1:40 pm

Employee Management and Engagement

Pete Hellberg

1:40 pm – 2:30 pm

Operational Excellence: Maximize Margin, Time, and Efficiency in Your Practice

Taylor Aikins, MBA

2:30 pm – 2:45 pm Break

2:45 pm – 3:30 pm

Best Practices for Pricing and Compensating for Age Management Services

Kristen Cusack, MBA

3:30 pm – 4:15 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Joshua Johnson

4:15 pm – 5:15 pm

Your Marketing Playbook: Step-by-Step Execution for Patient Growth in Age Management Medicine

Lori Werner

5:15 pm – 5:30 pm

Practice Landmines & Practice Pearls

Chuck Guglin, M.D., FACS

Wednesday, April 15th

Workshop: Foundations of Regenerative Aesthetics - Essential Techniques for Starting and Growing Your Aesthetic Practice
Non-CME workshop

8:00 am – 8:15 am

Introduction and Review of Day's Goals

Nadia Bixler, L.E.

8:15 am – 10:15 am

Core MedSpa/Office Based Aesthetics Essentials - Menu of Treatments Every Practice Should Offer (Live Demo)

H. William Song, M.D.

Nadia Bixler, L.E.

10:15 am – 10:30 am Break

10:30 am – 12:00 pm

Introduction to Regenerative Aesthetics (Live Demo)

H. William Song, M.D.

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Open to all attendees and includes a complimentary lunch; held in room L

Non-CME symposium sponsored by Refine USA

1:00 pm – 2:30 pm

PRP Masterclass

H. William Song, M.D.

2:30 pm – 2:45 pm Break

2:45 pm – 3:30 pm

Elevating Skin Rejuvenation with Precision Growth Factor Therapy

Danielle Hughes

3:30 pm – 4:00 pm

Advanced Regenerative Technique - PBF Gel (Platelet BioFiller Gel)

H. William Song, M.D.

4:00 pm – 5:00 pm

Building Your Regenerative Practice

H. William Song, M.D.

5:00 pm – 5:30 pm

Certification and Wrap Up

Thursday, April 16th

**Workshop: Primer for Physicians and Healthcare Professionals
New to Age Management and Longevity Medicine and those in
the AMMG Module 1 Certification Program**

8:00 am – 8:45 am

Nutrition and Supplements

Derrick DeSilva, Jr., M.D.

8:45 am – 9:30 am

Patient Assessment

Elliot Dinetz, M.D., ABFM, FAAMFM

9:30 am – 10:15 am

Fitness and Exercise

Todd Fox

10:15 am – 10:30 am Break

10:30 am – 11:00 pm

Motivating Patients

Elliot Dinetz, M.D., ABFM, FAAMFM

11:00 am – 12:00 pm

**Hormones – DHEA, Growth Hormone, Insulin Growth-like Factor-1 (IGF-1)
Pregnenolone, Legal Issues in the Use of Hormones Specifically Testosterone and Growth
Hormone**

Mark L. Gordon, M.D.

12:00 pm – 1:00 pm Lunch Break

12:00 pm – 1:00 pm

Unlocking the Next Level of Practice Growth in Longevity Medicine

Presented by James Powell, R.N.

Open to all attendees and includes a complimentary lunch; held in room G

Non-CME symposium sponsored by DocLoop

1:30 pm – 3:00 pm

**Hormone Optimization Therapies: Dihydrotestosterone (DHT), Testosterone (T), Estrogen,
Human Chorionic Gonadotropin (hCG), Progesterone**

Rob Kominiarek, D.O., FACOFP

3:00 pm - 3:45 pm Break / Visit Exhibits

3:45 pm – 4:45 pm

**Hormone Optimization Therapies: Cortisol, Insulin, Thyroid, Environmental Influences on
Hormones**

William Clearfield, D.O.

4:45-5:30 pm

Emerging Therapies for Age Management/Longevity in Precision Medicine

Lauren Klein PA-C

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Thursday, April 16th

Workshop: For the Advanced Practitioner: Latest Clinical Knowledge and Protocols Using the Pillars of Preventive, Age Management and Longevity Medicine

8:00 am – 8:15 am

Welcome and Introduction

Cesar Pellerano, M.D

8:15 am - 9:15 am

Female Hormones

Paul Thompson, M.D.

9:15 am – 10:00 am

The Critical Role of Nutraceuticals in Preventive & Longevity Medicine

Derrick DeSilva, Jr., M.D.

10:00 am – 10:15 am Break / Visit Exhibits

10:15 am – 11:00 am

Rethinking Obesity: From Weight Loss to Fat Loss and Metabolic Mastery

Juan Chavez, M.D.

11:00 am – 12:00 am

Current Methods Using AI for Prevention of Cardiovascular Events

Cesar Pellerano, M.D.

12:00 pm – 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Unlocking the Next Level of Practice Growth in Longevity Medicine

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Non-CME symposium sponsored by DocLoop

1:30 pm – 2:15 pm

The Impact of Testosterone on the Aging Male

Michale Barber, M.D.

2:15 pm – 3:00 pm

Applied Genomics in Clinical Practice: Engineering Healthspan: Genomics as the Operating System for Longevity

Laura Lile, M.D., R.Ph.

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 – 4:45

Top 5 Peptides for a Wellness Practice

Edwin Lee, M.D.

4:45 pm - 5:30 pm

Panel Discussion: Case Presentations - Preventive Medicine Best Practices

Moderator Cesar Pellerano, M.D.

Panel: Paul Thompson, M.D., Michale Barber, M.D., Derrick DeSilva, M.D., Juan Chavez, M.D., Edwin Lee, M.D., Laura Lile, M.D.

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Thursday, April 16th
1/2 Day Morning Session

**Workshop: The Endotoxin Continuum: What Kills in
Hospitals Circulates for Years in Clinics - Resolving the
Endotoxin Problem We're Missing**

Course Faculty

Thomas O'Bryan, D.C, CCM, DACBN, CIFM

8:00 am – 8:45 am

Lipopolysaccharide Update-its scope of impact

8:45 am – 9:30 am

LPS Biology: The Master Switch of Inflammation

9:30 am - 10:00 am

LPS is Not Incidental- It is a Master Regulator of Systemic Inflammation

10:00 am – 10:15 am Break / Visit Exhibits

10:15 am – 10:55 am

Systemic Impact of LPS: Brain, Immunity, and Sepsis

10:55 am – 11:25 am

Assessing Endotoxin Burden: Lap Interpretation

11:25 am – 11:55 am

Clinical Intervention: Quenching the Fire Within

11:55 am – 12:00 pm

Guardians of Tolerance & Healthy Longevity (Closing)

12:00 pm – 1:00 pm

Unlocking the Next Level of Practice Growth in Longevity Medicine

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Open to all attendees and includes a complimentary lunch; held in room G

Non-CME symposium sponsored by DocLoop

Friday, April 17th
General Session

8:00 am – 8:10 pm
Opening Remarks

8:10 am – 9:10 am
Traditional Pharmacotherapy – The Myth of Living Longer
Luis Martinez, M.D.

9:10 am – 10:15 am
The Role of Metabolic Engineering in the Treatment of Chronic Disease and Aging (Non-CME Lecture)
Barry Sears, Ph.D.

10:15 am - 11:00 am Break / Visit Exhibits

11:00 am – 11:45 am
Practical Applications for Supporting Immune Health (Non-CME Lecture)
Maureen Pickle, DMSc, MPH, PA-C

11:45 am – 12:00 pm
Why Undergo Certification in Age Management Medicine
James Powell, R.N.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm
STOP Overpaying Your Taxes and PROTECT Your Wealth!
Presented by Joshua Johnson
Open to all attendees and includes a complimentary lunch; held in room G
Non-CME symposium sponsored by Fortune Law

1:30 pm – 2:15 pm
Demystifying Endotoxin: Identifying and Quenching the Fire Within-Clinical Tools to Reverse Neuroinflammation and LPS Burden
Thomas O'Bryan, D.C., CCM, DACBN, CIFM

2:15 pm – 3:00 pm
Precision Diagnostics Unveils Metabolic Dysfunction: Applying Nof1 Medicine For All Decades of Life
Florence Comite, M.D.

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm
Update of Senolytics and Rapamcyin in Reducing Biological Aging
Edwin Lee, M.D.

4:30 pm – 5:30 pm
Serial Therapeutic Plasma Exchange: The End of Toxicity a Contemporary Literature Review
Pamela W. Smith, M.D., MPH, MS

5:30 pm - 7:00 pm
AMMG Exhibit Hall Happy Hour
Open to all conference attendees, spouses and guests
Held in Conference Networking and Exhibits Center

Saturday, April 18th
General Session

8:00 am - 8:45 am

Hormone Endocrine Disruptors: What You Need to Know?

Pamela W. Smith, M.D., MPH, MS

8:45 am - 9:30 am

Preventing Sarcopenia Resulting from the Use of GLP-1 Weight Loss Medication

Derrick DeSilva, Jr., M.D.

9:30 am - 10:30 am

The Laboratory of Functional Medicine Part 2

William Clearfield, D.O.

10:30 am - 11:15 am Break / Visit Exhibits

11:15 am - 12:00 pm

The Fallacy of Reference Ranges: Why “Normal” Laboratory Values Often Fail to Represent Optimal Health

Mark L. Gordon, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm - 1:00 pm

The Invisible Organ: The Hidden Architecture of Modern Medicine

Presented by Lana Graff, Lead Clinical Specialist

Open to all attendees and includes a complimentary lunch; held in room G

Non-CME symposium sponsored by Elitera

1:30 pm - 2:15 pm

Gut Health: The Treatment and Reversal of Inflammatory Bowel Diseases: Crohn’s Disease, Ulcerative Colitis, SIBO, IBS, and others

Andrew W. Campbell, M.D.

2:15 pm - 3:00 pm

Cutting Edge Research in Hyperbaric Medicine and the Clinical Impact

Jason Sonners, D.C., Ph.D.

3:00 pm - 3:45 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

3:45 pm - 4:30 pm

Clinical Interventions Using Inhalable and Consumable Molecular Hydrogen

Mark Sherwood, N.D.

4:30 pm - 5:30 pm

Comparison of Senescent Cell Therapies with Dasatinib and Quercetin versus Fisetin Cell Markers, Effectiveness, and Side Effects

Jerry Mixon, M.D.

Sunday, April 19th
General Session

8:00 am - 9:00 am

Estrone- The Danger Lurking in Hormone Therapy
Carolyn DeLucia, M.D.

9:00 am - 10:00 am

Beta-Alanine Supplementation for Muscle Vitality and Cognitive Function in Aging Adults
Jay Hoffman, Ph.D.

10:00 - 11:00 am

Inflammaging in Practice: Clinical Applications of Glycan-Based Diagnostics (Non-CME Lecture)
Simisola Oke, M.D., BSc, MBA

11:00 am - 12:00 pm

Advanced Interpretation of DEXA Scan Body Composition for Age Management Practices
Hyung Kim, M.D., MBA

RE M I N D E R !

Watch email for your Conference CME Evaluation

Following the Conference, AMMG will email each of you with a link to complete the online Assessment of the Activity. Once you complete this, you will receive your CME Certificate of attendance and credit. In addition, AMMG will post the link to the Assessment on our website so you have additional easy access.

Upon completion, certificates will also be emailed to the email address you provided. The link will also be posted to the AMMG website www.agemed.org

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NON-CME EVENTS OPEN TO ALL ATTENDEES

Wednesday, April 15th

12:00 pm – 1:00 pm

Monday Morning

Presented by Mark Hincer, CEO & Pharmacist

Sponsored by Agere Sciences

Includes a complimentary lunch; held in room I-J

12:00 pm – 12:45 pm

Building Your Practice with DEXA: Key Metrics, Improved Patient Outcomes, New Clients & Competitive Advantages

Presented by Tony Orlando, President & Founder DEXA Scan

Sponsored by DEXA Scan

Includes a complimentary lunch; held in room K

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Sponsored by Refine USA

Includes a complimentary lunch; held in room L

Thursday, April 16th

12:00 pm – 1:00 pm

Unlocking the Next Level of Practice Growth in Longevity Medicine

Presented by James Powell, R.N.

Sponsored by DocLoop

Includes a complimentary lunch; held in room G

5:30 pm – 7:00 pm

AMMG Welcome Reception

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Friday, April 17th

12:00 pm – 1:00 pm

STOP Overpaying Your Taxes and PROTECT Your Wealth!

Presented by Joshua Jackson

Sponsored by Fortune Law Firm

Includes a complimentary lunch; held in room G

5:30 pm - 7:00 pm

AMMG Exhibit Hall Happy Hour

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Saturday, April 18th

10:30 am – 11:15 am

Book Signing: “How to Prevent Breast Cancer—Before & After: A Guide to Taking Back Control of Your Life”

Conducted by author Pamela Smith, M.D., MPH, MS

Held at the MD Lifespan booth in the Exhibits Center

12:00 pm – 1:00 pm

The Invisible Organ: The Hidden Architecture of Modern Medicine

Presented by Lana Graff, Lead Clinical Specialist

Sponsored by Elitera

Includes a complimentary lunch; held in room G