

Wednesday, October 30th

Practice Management Workshop: Launching and Growing a Successful Age Management Practice

Non-CME workshop

8:30 am – 9:00 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

9:00 am – 9:30 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

9:30 am – 10:00 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am **Break**

10:15 am – 11:15 am

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes

Marcos Rivera, BS, NBC-HWC(c), PN-L2, IHP-L

12:00 pm – 12:45 pm

Building Your Practice with DEXA: Key Metrics, Improved Patient Outcomes, New Clients & Competitive Advantages Presented by Tony Orlando

Non-CME symposium sponsored by DEXA Plus

Includes a complimentary lunch

1:30 pm – 2:00 pm

Client / Patient Experience Expectations

Jason White, MS, CSCS

2:00 pm – 2:45 pm

Financial Literacy for Physicians, Staff, and the Age Management Practice

John Rush, FACEP, MBA, MHA

2:45 pm – 3:00 pm **Break**

3:00 pm – 3:30 pm

Employee Management and Engagement

Marcos Rivera, BS, NBC-HWC(c), PN-L2, IHP-L

3:30 pm – 4:10 pm

Developing a Marketing and Branding Program

Audrey Neff

4:10 pm – 4:50 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Art McOmber

4:50 pm – 5:15 pm

Practice Landmines & Practice Pearls

Chuck Guglin, M.D., FACS

5:15 pm – 5:30 pm

AMMG Physician and Healthcare Provider Certification Program

Derrick DeSilva, Jr., M.D.

Wednesday, October 30th

**Workshop: Aesthetic Procedures for the Age Management
Medicine Clinician – Demonstration Based Educational Format**

Non-CME workshop

8:30 am – 9:30 am

PRP and PRF: a Natural Alternative to Dermal Fillers?

Tammy Polit, D.O.

9:30 am – 10:30 am

How to Make Your Practice Stand Out with PDO Threads

Enrico Guarino, M.D.

10:30 am – 10:45 am Break

10:45 am – 12:00 pm

Stopping Hair Loss in Its Tracks

Brandy Lesaffre, WTS

Jordan R. Plews, Ph.D.

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Refine USA

1:00 pm – 2:00 pm

Combination Treatments: How and When to Combine Treatments!

Marie Piantino, LE

2:00 pm – 3:00 pm

Exosomes and Growth Factors in the Aesthetics Practice

H. William Song, M.D.

3:00 pm – 3:15 pm Break

3:15 pm – 4:00 pm

Fat Transfer, the Ultimate In-Office Procedure

H. William Song, M.D.

4:00 pm – 5:00 pm

FEATURED SPEAKER

**Microneedling & PRP: The Evolution from Vampire Facial® & Hair to Vampire Wing Lift® and Breasts -
Why it's about Much More than Beauty**

Charles Runels, M.D.

5:00 pm – 5:30 pm

Pearls from 30 Combined Years in Private Aesthetics Practice

H. William Song, M.D.

Tammy Polit, D.O.

Charles Runels, M.D.

Enrico Guarino, M.D.

Jordan R. Plews, Ph.D.

Thursday, October 31st

**Workshop: Functional Medicine Approach to Aging and
Age Management Medicine**

8:00 am – 8:30 am

The Synergy Between Functional Medicine and Age Management Medicine

Elliot Dinetz, M.D., ABFM, FAAMM

8:30 am – 8:50 am

Assessing the Functional Medicine / Age Management Patient: Step 1 - Comprehensive Questionnaire and Patient History

Elliot Dinetz, M.D., ABFM, FAAMM

8:50 am – 9:30 am

Assessing the Functional Medicine / Age Management Patient: Step 2 - Diagnostic Testing, a Systems Biology Approach

Elliot Dinetz, M.D., ABFM, FAAMM

9:30 am – 9:45 am Break

9:45 am – 10:30 am

Fitness as an Important Foundation of Functional Medicine / Age Management Medicine: Both as an Assessment Tool and to a Personalized Treatment for Individual Diseases

Jason White, MS, CSCS

10:30 am - 12:00 pm

Gastrointestinal Microbiome Assessment, Evaluation and Personalized Treatment

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Elevating Clinical Outcomes with Quality Compounding: Unique Peptide Therapies Comprehensive Clinic Support Presented by Dianne Morrell

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Shields Compound Pharmacy

1:30 pm – 2:15 pm

Development of a Personalized Nutrition Plan for an Optimum Nutrient Status

Elliot Dinetz, M.D., ABFM, FAAMM

2:15 pm – 3:00 pm

Identification and Treatment of Chronic Inflammation

Elliot Dinetz, M.D., ABFM, FAAMM

2:30 pm Exhibits Open

3:00 pm – 3:40 pm Break / Visit Exhibits

3:40 pm – 4:45 pm

Identification and Personalized Treatment of Hormone In-Balance

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

4:45 pm – 5:30 pm

Identification and Treatment of Sleep Disorders Beyond OSA: HPI Axis Function from Chronic Inflammation Leading to Fatigue and Insomnia Altered Sleep Wake Cycles

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

5:30 pm – 7:00 pm

AMMG Welcome Reception Open to all conference attendees, spouses and guests
Held in Conference Networking and Exhibits Center

Thursday, October 31st

Workshop: Essential Knowledge in the Clinical Use of Peptides for Age Management Medicine

Non-CME workshop

In conjunction with the Clinical Peptide Society

Requirement: Bring your laptop computer for the class to take the post workshop examination.

8:00 am – 8:05 am

**Welcome to the Workshop on Essential Knowledge
in the Clinical Use of Peptides**

8:05 am – 8:35 am

Introduction to Peptides
Edwin Lee, M.D.

8:35 am - 9:05 am

The Wolverine Peptide BPC157
Edwin Lee, M.D.

9:05 am – 9:35 am

Mitochondria Peptide
Luis Martínez, M.D., MPH

9:35 am – 10:00 am

Growth Hormone Peptides
Edwin Lee, M.D.

10:00 am – 10:15 am Break

10:15 am – 10:45 am

Immune Stimulating Peptides
Luis Martínez, M.D., MPH

10:45 am - 11:15 am

Neuroregenerative Peptides
Edwin Lee, M.D.

11:15 am – 11:45 am

Peptides for Pain
Luis Martínez, M.D., MPH

11:45 am - 12:00 pm

Morning Question & Answer Session
Edwin Lee, M.D. & Luis Martínez, M.D., MPH

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

**Elevating Clinical Outcomes with Quality
Compounding: Unique Peptide Therapies
Comprehensive Clinic Support**
Presented by Dianne Morrell

Open to all attendees and includes a complimentary lunch

***Non-CME symposium sponsored by Shields
Compound Pharmacy***

1:30 pm – 1:50 pm

Cosmeceutical Peptides
Edwin Lee, M.D.

1:50 pm – 2:20 pm

**Peptides for Cancer (Met-Enkephalin, TA-1, GHK-
Copper)**
Luis Martínez, M.D., MPH

2:20 pm - 2:35 pm

Sex Peptides
Edwin Lee, M.D.

2:35 pm – 3:00 pm

Peptides for Autoimmune Diseases
Luis Martínez, M.D., MPH

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:15 pm

Pineal Peptides
Edwin Lee, M.D.

4:15 pm – 4:30 pm

**Other Peptides and Top 5 Peptides We Are Using
for 2024**
Luis Martínez, M.D., MPH

4:30 pm – 5:30 pm

Afternoon Question & Answer Session
Edwin Lee, M.D.
Luis Martínez, M.D., MPH

4:30 pm – 5:30 pm

Online Test - requires a laptop

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Thursday, October 31st

Workshop: Women's Hormone Health and Longevity

8:00 am – 9:15 am

**Age-Associated Diseases in Women: Cardiometabolic Disease, Cognitive Decline, Osteoporosis/
Sarcopenia, Immune Aging**

Kathryn Retzler, N.D.

9:15 am – 10:15 am

**Age-Associated Diseases in Women: Cardiometabolic Disease, Cognitive Decline, Osteoporosis/
Sarcopenia, Immune Aging**

Kathryn Retzler, N.D.

10:15 am – 10:30 am Break

10:30 am – 11:30 am

**Estradiol, Progesterone, Testosterone for Women: Mechanisms of Action, Signs/Symptoms of Excess/
Deficiency, Relationship to Diseases of Aging**

Kathryn Retzler, N.D.

11:30 am – 12:00 pm

**Hormone Testing & Monitoring: Serum & Urine Testing, Estrogen Metabolism, Genomic SNPs Affecting
Hormone Activity & Susceptibility**

Kathryn Retzler, N.D.

12:00 pm - 1:30 pm Lunch Break

12:00 pm – 1:00 pm

**Elevating Clinical Outcomes with Quality Compounding: Unique Peptide Therapies Comprehensive Clinic Support
Presented by Dianne Morrell**

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Shields Compound Pharmacy

1:30 pm – 2:00 pm

Hormone Testing & Monitoring (Continued)

Kathryn Retzler, N.D.

2:00 pm – 3:00 pm

BHRT Delivery Options & Complications/Side Effects

Kathryn Retzler, N.D.

2:30 pm Exhibits Open

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:45 pm

**Understanding Informed Consent: Principles, Special Considerations, and Bioidentical Hormone
Replacement Therapy (BHRT)**

Kimberly Suriano, M.D., FACOG, FAARM

4:45 pm – 5:30 pm

Case Presentations with Q & A

Kathryn Retzler, N.D.

5:30 pm – 7:00 pm

AMMG Welcome Reception

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Friday, November 1st General Session

8:00 am – 8:05 pm
Opening Remarks

8:05 am – 8:30 pm
Presentation of the Alan P. Mintz, M.D. Award for Clinical Excellence in Age Management Medicine

8:30 am – 9:30 am
FEATURED SPEAKER
Botulinum Toxin & PRP for Sexual Dysfunction: A Literature Review and Comparison in Men and Women
Charles Runels, M.D.
Alexandra Runnels, M.D., FACOG

9:30 am – 10:30 am
Alzheimer's: A Journey from Prevention to Effective Intervention
Syed A. Asad, M.D.

10:30 am - 11:15 am Break / Visit Exhibits

11:15 am – 12:00 pm
Reversing Mild to Moderate Cognitive Decline
Edwin N. Lee, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm
Mastering the Art of Tax Strategy and Asset Protection
Presented by Art McOmber, *Former FBI Special Agent*
Open to all attendees and includes a complimentary lunch
Non-CME symposium sponsored by Fortune Law Firm

1:30 pm – 2:15 pm
Alzheimer's Disease: A Hormonal Approach to Treatment
Mark L. Gordon, M.D.

2:15 pm - 3:00 pm
Predicting Biological Age
Jeffrey Graham, M.D., MPH

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm
Utilizing Longevity Biomarker Testing for Precision and Personalized Age Management
Jin-Xiong She, Ph.D.

4:30 pm – 5:30 pm
The Virtual MD: Leveraging AI to Accelerate Precision Medicine & Healthy Longevity
Florence Comite, M.D.

5:30 pm – 6:30 pm
AMMG Exhibit Hall Happy Hour
Join us for complimentary open bar and refreshments
Open to all conference attendees, spouses and guests
Held in Conference Networking and Exhibits Center

Saturday, November 2nd

General Session

8:00 am - 8:45 am

Auto-Immune Disease and Gut Health

Paul Thompson, M.D.

8:45 am - 9:30 am

Report on NEW Testosterone Study: Effect of Testosterone on Lifespan of Males

Derrick DeSilva, Jr., M.D.

9:30 am - 10:15 am

Checking Soft Plaque Using Artificial Intelligence Methods

Cesar Pellerano, M.D.

10:15 am - 11:00 am Break / Visit Exhibits

11:00 am - 12:00 pm

Evidence Based Blood Purification Strategies to Improve Longevity

George Shapiro, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm - 1:00 pm

Optimizing Muscle Health: A Functional Wellness Strategy for Strength and Longevity

Presented by Gail King, M.D.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by BLT Industries

1:30 pm - 2:15 pm (Non-CME Lecture)

Annatto's Anti-Aging Benefits |Ancient Phytonutrients for Modern-Day Application|

Barrie Tan, Ph.D.

2:15 pm - 3:15 pm

Clinical Applications for Hyperbaric Oxygen Therapy (HBOT) in Age Management Medicine

Joseph Dituri, Ph.D.

3:15 pm - 4:00 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

4:00 pm - 4:45 pm (Non-CME Lecture)

The Evidence Based Use of Ozone Therapy for Age Management Medicine

Frank Shallenbarger, M.D.

4:45 pm - 5:30 pm (Non-CME Lecture)

Integrating Medical Devices into the Age Management Clinic: Predicting Disease

Luis Martinez, M.D., MPH

6:30 pm -

AMMG Member & Faculty Dinner

Join us for Cocktails at 6:30 and Dinner at 7:00 pm

All conference attendees are welcome to join as a member onsite and attend.

Sunday, November 3rd General Session

8:00 am - 9:00 am

Harnessing The Power Of The Vagus Nerve For Stress & Aging
Mark J. Tager, M.D.

9:00 am - 10:00 am

GLP-1 Therapeutics in Females: Pharmaceuticals, Nutraceuticals, and Special Considerations for the use of GLP-1 Interventions in Patients
Edward G. Walker, Ph.D.

10:00 am - 10:15 am Break

10:15 - 11:15 am

The Longevity Project: Aging, mTOR, Autophagy and the Promise of Rapamycin
William Clearfield, D.O., FAAMA, DABMA, FAARFM

11:15 am - 12:15 pm

Frequency is the Future of Medicine: Sound and Light
Greg Eckel, N.D., L.Ac.

RE M I N D E R !

Be Sure to Complete Your Conference CME Evaluation – Online

All attendees must complete a conference CME evaluation/attendance form to receive CME credit. For your convenience, this is now done entirely online. There is no waiting: CME certificates can be printed out as soon as the evaluation is submitted.

Please go to www.AgeMed.org, click on October 2024 Conference, go to Accreditation and follow the screen prompts. Upon completion certificates will also be emailed to the email address you enter.

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NON-CME EVENTS OPEN TO ALL ATTENDEES

Wednesday, October 30th

12:00 pm – 12:45 pm

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Presented by Tony Orlando

Sponsored by DEXA Plus

Includes a complimentary lunch

12:00 pm – 12:45 pm

Advanced Aesthetic Technologies

Presented by Tony Howard

Sponsored by Refine USA

Includes a complimentary lunch

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12:00 pm – 1:00 pm

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Sponsored by Shields Compound Pharmacy

Includes a complimentary lunch

5:30 pm – 7:00 pm

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12:00 pm – 1:00 pm

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12:00 pm – 1:00 pm

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Sponsored by BLT Industries

Includes a complimentary lunch

6:30 pm -

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