

**Wednesday, October 30<sup>th</sup>**

**Practice Management Workshop: Launching and Growing a Successful Age Management Practice**

*Non-CME workshop*

8:30 am – 9:00 am

**The Direct Pay/Partial Direct Pay Practice Model**

Chuck Guglin, M.D., FACS

9:00 am – 9:30 am

**Development of Practice Services and Procedures**

Chuck Guglin, M.D., FACS

9:30 am – 10:00 am

**Development of Diagnostic Tools and Procedures**

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am **Break**

10:15 am – 11:15 am

**Creating Revenue Through the Sales of Ancillary Products and Services from Your Office**

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

**Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes**

Marcos Rivera, BS, NBC-HWC(c), PN-L2, IHP-L

12:00 pm – 12:45 pm

**Building Your Practice with DEXA: Key Metrics, Improved Patient Outcomes, New Clients & Competitive Advantages Presented by Tony Orlando**

*Non-CME symposium sponsored by DEXA Plus*

Includes a complimentary lunch

1:30 pm – 2:00 pm

**Client / Patient Experience Expectations**

Jason White, MS, CSCS

2:00 pm – 2:45 pm

**Financial Literacy for Physicians, Staff, and the Age Management Practice**

John Rush, FACEP, MBA, MHA

2:45 pm – 3:00 pm **Break**

3:00 pm – 3:30 pm

**Employee Management and Engagement**

Marcos Rivera, BS, NBC-HWC(c), PN-L2, IHP-L

3:30 pm – 4:10 pm

**Developing a Marketing and Branding Program**

Audrey Neff

4:10 pm – 4:50 pm

**The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced**

Art McOmber

4:50 pm – 5:15 pm

**Practice Landmines & Practice Pearls**

Chuck Guglin, M.D., FACS

5:15 pm – 5:30 pm

**AMMG Physician and Healthcare Provider Certification Program**

Derrick DeSilva, Jr., M.D.

**Wednesday, October 30<sup>th</sup>**

**Workshop: Aesthetic Procedures for the Age Management  
Medicine Clinician – Demonstration Based Educational Format**

*Non-CME workshop*

8:30 am – 9:30 am

**PRP and PRF: a Natural Alternative to Dermal Fillers?**

Tammy Polit, D.O.

9:30 am – 10:30 am

**How to Make Your Practice Stand Out with PDO Threads**

Enrico Guarino, M.D.

10:30 am – 10:45 am Break

10:45 am – 12:00 pm

**Stopping Hair Loss in Its Tracks**

Brandy Lesaffre, WTS

Jordan R. Plews, Ph.D.

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 12:45 pm

**Advanced Aesthetic Technologies**

**Presented by Tony Howard**

Open to all attendees and includes a complimentary lunch

***Non-CME symposium sponsored by Refine USA***

1:00 pm – 2:00 pm

**Combination Treatments: How and When to Combine Treatments!**

Marie Piantino, LE

2:00 pm – 3:00 pm

**Exosomes and Growth Factors in the Aesthetics Practice**

H. William Song, M.D.

3:00 pm – 3:15 pm Break

3:15 pm – 4:00 pm

**Fat Transfer, the Ultimate In-Office Procedure**

H. William Song, M.D.

4:00 pm – 5:00 pm

**FEATURED SPEAKER**

**Microneedling & PRP: The Evolution from Vampire Facial® & Hair to Vampire Wing Lift® and Breasts -  
Why it's about Much More than Beauty**

Charles Runels, M.D.

5:00 pm – 5:30 pm

**Pearls from 30 Combined Years in Private Aesthetics Practice**

H. William Song, M.D.

Tammy Polit, D.O.

Charles Runels, M.D.

Enrico Guarino, M.D.

Jordan R. Plews, Ph.D.

**Thursday, October 31<sup>st</sup>**

**Workshop: Functional Medicine Approach to Aging and  
Age Management Medicine**

**8:00 am – 8:30 am**

**The Synergy Between Functional Medicine and Age Management Medicine**

**Elliot Dinetz, M.D., ABFM, FAAMM**

**8:30 am – 8:50 am**

**Assessing the Functional Medicine / Age Management Patient: Step 1 - Comprehensive Questionnaire and Patient History**

**Elliot Dinetz, M.D., ABFM, FAAMM**

**8:50 am – 9:30 am**

**Assessing the Functional Medicine / Age Management Patient: Step 2 - Diagnostic Testing, a Systems Biology Approach**

**Elliot Dinetz, M.D., ABFM, FAAMM**

**9:30 am – 9:45 am Break**

**9:45 am – 10:30 am**

**Fitness as an Important Foundation of Functional Medicine / Age Management Medicine: Both as an Assessment Tool and to a Personalized Treatment for Individual Diseases**

**Jason White, MS, CSCS**

**10:30 am - 12:00 pm**

**Gastrointestinal Microbiome Assessment, Evaluation and Personalized Treatment**

**Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE**

**12:00 pm - 1:30 pm Lunch Break**

**12:00 pm – 1:00 pm**

**Elevating Clinical Outcomes with Quality Compounding: Unique Peptide Therapies Comprehensive Clinic Support Presented by Dianne Morrell**

Open to all attendees and includes a complimentary lunch

***Non-CME symposium sponsored by Shields Compound Pharmacy***

**1:30 pm – 2:15 pm**

**Development of a Personalized Nutrition Plan for an Optimum Nutrient Status**

**Elliot Dinetz, M.D., ABFM, FAAMM**

**2:15 pm – 3:00 pm**

**Identification and Treatment of Chronic Inflammation**

**Elliot Dinetz, M.D., ABFM, FAAMM**

**2:30 pm Exhibits Open**

**3:00 pm – 3:40 pm Break / Visit Exhibits**

**3:40 pm – 4:45 pm**

**Identification and Personalized Treatment of Hormone In-Balance**

**Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE**

**4:45 pm – 5:30 pm**

**Identification and Treatment of Sleep Disorders Beyond OSA: HPI Axis Function from Chronic Inflammation Leading to Fatigue and Insomnia Altered Sleep Wake Cycles**

**Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE**

**5:30 pm – 7:00 pm**

**AMMG Welcome Reception** Open to all conference attendees, spouses and guests  
Held in Conference Networking and Exhibits Center

## Thursday, October 31<sup>st</sup>

### Workshop: Essential Knowledge in the Clinical Use of Peptides for Age Management Medicine

*Non-CME workshop*

*In conjunction with the Clinical Peptide Society*

Requirement: Bring your laptop computer for the class to take the post workshop examination.

**8:00 am – 8:05 am**

**Welcome to the Workshop on Essential Knowledge  
in the Clinical Use of Peptides**

**8:05 am – 8:35 am**

**Introduction to Peptides**  
Edwin Lee, M.D.

**8:35 am - 9:05 am**

**The Wolverine Peptide BPC157**  
Edwin Lee, M.D.

**9:05 am – 9:35 am**

**Mitochondria Peptide**  
Luis Martínez, M.D., MPH

**9:35 am – 10:00 am**

**Growth Hormone Peptides**  
Edwin Lee, M.D.

**10:00 am – 10:15 am Break**

**10:15 am – 10:45 am**

**Immune Stimulating Peptides**  
Luis Martínez, M.D., MPH

**10:45 am - 11:15 am**

**Neuroregenerative Peptides**  
Edwin Lee, M.D.

**11:15 am – 11:45 am**

**Peptides for Pain**  
Luis Martínez, M.D., MPH

**11:45 am - 12:00 pm**

**Morning Question & Answer Session**  
Edwin Lee, M.D. & Luis Martínez, M.D., MPH

**12:00 pm - 1:30 pm Lunch Break**

**12:00 pm – 1:00 pm**

**Elevating Clinical Outcomes with Quality  
Compounding: Unique Peptide Therapies  
Comprehensive Clinic Support**  
Presented by Dianne Morrell

Open to all attendees and includes a complimentary lunch

***Non-CME symposium sponsored by Shields  
Compound Pharmacy***

**1:30 pm – 1:50 pm**

**Cosmeceutical Peptides**  
Edwin Lee, M.D.

**1:50 pm – 2:20 pm**

**Peptides for Cancer (Met-Enkephalin, TA-1, GHK-  
Copper)**  
Luis Martínez, M.D., MPH

**2:20 pm - 2:35 pm**

**Sex Peptides**  
Edwin Lee, M.D.

**2:35 pm – 3:00 pm**

**Peptides for Autoimmune Diseases**  
Luis Martínez, M.D., MPH

**3:00 pm – 3:45 pm Break / Visit Exhibits**

**3:45 pm – 4:15 pm**

**Pineal Peptides**  
Edwin Lee, M.D.

**4:15 pm – 4:30 pm**

**Other Peptides and Top 5 Peptides We Are Using  
for 2024**  
Luis Martínez, M.D., MPH

**4:30 pm – 5:30 pm**

**Afternoon Question & Answer Session**  
Edwin Lee, M.D.  
Luis Martínez, M.D., MPH

**4:30 pm – 5:30 pm**

**Online Test** - requires a laptop

**5:30 pm – 7:00 pm**

**AMMG Welcome Reception**

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**Thursday, October 31<sup>st</sup>**

**Workshop: Women's Hormone Health and Longevity**

**8:00 am – 9:15 am**

**Age-Associated Diseases in Women: Cardiometabolic Disease, Cognitive Decline, Osteoporosis/  
Sarcopenia, Immune Aging**

**Kathryn Retzler, N.D.**

**9:15 am – 10:15 am**

**Ideal Body Composition: How to Lose Fat & Improve Lean Body Mass including Medications**

**Kathryn Retzler, N.D.**

**10:15 am – 10:30 am Break**

**10:30 am – 11:30 am**

**Estradiol, Progesterone, Testosterone for Women: Mechanisms of Action, Signs/Symptoms of Excess/  
Deficiency, Relationship to Diseases of Aging**

**Kathryn Retzler, N.D.**

**11:30 am – 12:00 pm**

**Hormone Testing & Monitoring: Serum & Urine Testing, Estrogen Metabolism, Genomic SNPs Affecting  
Hormone Activity & Susceptibility**

**Kathryn Retzler, N.D.**

**12:00 pm - 1:30 pm Lunch Break**

**12:00 pm – 1:00 pm**

**Elevating Clinical Outcomes with Quality Compounding: Unique Peptide Therapies Comprehensive Clinic Support  
Presented by Dianne Morrell**

Open to all attendees and includes a complimentary lunch

***Non-CME symposium sponsored by Shields Compound Pharmacy***

**1:30 pm – 2:00 pm**

**Hormone Testing & Monitoring (Continued)**

**Kathryn Retzler, N.D.**

**2:00 pm – 3:00 pm**

**BHRT Delivery Options & Complications/Side Effects**

**Kathryn Retzler, N.D.**

**2:30 pm Exhibits Open**

**3:00 pm – 3:45 pm Break / Visit Exhibits**

**3:45 pm – 4:45 pm**

**Understanding Informed Consent: Principles, Special Considerations, and Bioidentical Hormone  
Replacement Therapy (BHRT)**

**Kimberly Suriano, M.D., FACOG, FAARM**

**4:45 pm – 5:30 pm**

**Case Presentations with Q & A**

**Kathryn Retzler, N.D.**

**5:30 pm – 7:00 pm**

**AMMG Welcome Reception**

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Held in Conference Networking and Exhibits Center

## Friday, November 1<sup>st</sup> General Session

8:00 am – 8:05 pm  
Opening Remarks

8:05 am – 8:30 pm  
Presentation of the Alan P. Mintz, M.D. Award for Clinical Excellence in Age Management Medicine

8:30 am – 9:30 am  
**FEATURED SPEAKER**  
**Botulinum Toxin & PRP for Sexual Dysfunction: A Literature Review and Comparison in Men and Women**  
Charles Runels, M.D.  
Alexandra Runnels, M.D., FACOG

9:30 am – 10:30 am  
**Alzheimer's: A Journey from Prevention to Effective Intervention**  
Syed A. Asad, M.D.

10:30 am - 11:15 am Break / Visit Exhibits

11:15 am – 12:00 pm  
**Reversing Mild to Moderate Cognitive Decline**  
Edwin N. Lee, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm  
**Mastering the Art of Tax Strategy and Asset Protection**  
Presented by Art McOmber, *Former FBI Special Agent*  
Open to all attendees and includes a complimentary lunch  
***Non-CME symposium sponsored by Fortune Law Firm***

1:30 pm – 2:15 pm  
**Alzheimer's Disease: A Hormonal Approach to Treatment**  
Mark L. Gordon, M.D.

2:15 pm - 3:00 pm  
**Predicting Biological Age**  
Jeffrey Graham, M.D., MPH

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm (*Non-CME Lecture*)  
**Utilizing Longevity Biomarker Testing for Precision and Personalized Age Management**  
Jin-Xiong She, Ph.D.

4:30 pm – 5:30 pm  
**The Virtual MD: Leveraging AI to Accelerate Precision Medicine & Healthy Longevity**  
Florence Comite, M.D.

5:30 pm – 6:30 pm  
**AMMG Exhibit Hall Happy Hour**  
**Join us for complimentary open bar and refreshments**  
Open to all conference attendees, spouses and guests  
Held in Conference Networking and Exhibits Center

## Saturday, November 2<sup>nd</sup>

### General Session

8:00 am - 8:45 am

**Auto-Immune Disease and Gut Health**

Paul Thompson, M.D.

8:45 am - 9:30 am

**Report on NEW Testosterone Study: Effect of Testosterone on Lifespan of Males**

Derrick DeSilva, Jr., M.D.

9:30 am - 10:15 am

**Checking Soft Plaque Using Artificial Intelligence Methods**

Cesar Pellerano, M.D.

10:15 am - 11:00 am Break / Visit Exhibits

11:00 am - 12:00 pm

**Evidence Based Blood Purification Strategies to Improve Longevity**

George Shapiro, M.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm - 1:00 pm

**Optimizing Muscle Health: A Functional Wellness Strategy for Strength and Longevity**

Presented by Gail King, M.D.

Open to all attendees and includes a complimentary lunch

*Non-CME symposium sponsored by BLT Industries*

1:30 pm - 2:15 pm (Non-CME Lecture)

**Annatto's Anti-Aging Benefits |Ancient Phytonutrients for Modern-Day Application|**

Barrie Tan, Ph.D.

2:15 pm - 3:15 pm

**Clinical Applications for Hyperbaric Oxygen Therapy (HBOT) in Age Management Medicine**

Joseph Dituri, Ph.D.

3:15 pm - 4:00 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

4:00 pm - 4:45 pm (Non-CME Lecture)

**The Evidence Based Use of Ozone Therapy for Age Management Medicine**

Frank Shallenbarger, M.D.

4:45 pm - 5:30 pm (Non-CME Lecture)

**Integrating Medical Devices into the Age Management Clinic: Predicting Disease**

Luis Martinez, M.D., MPH

6:30 pm -

**AMMG Member & Faculty Dinner**

Join us for Cocktails at 6:30 and Dinner at 7:00 pm

*All conference attendees are welcome to join as a member onsite and attend.*

## Sunday, November 3<sup>rd</sup>

### General Session

8:00 am - 9:00 am

**Harnessing The Power Of The Vagus Nerve For Stress & Aging**

Mark J. Tager, M.D.

9:00 am - 10:00 am

**GLP-1 Therapeutics in Females: Pharmaceuticals, Nutraceuticals, and Special Considerations for the use of GLP-1 Interventions in Patients**

Edward G. Walker, Ph.D.

10:00 am - 10:15 am Break

10:15 - 11:15 am

**The Longevity Project: Aging, mTOR, Autophagy and the Promise of Rapamycin**

William Clearfield, D.O., FAAMA, DABMA, FAARFM

11:15 am - 12:15 pm

**Frequency is the Future of Medicine: Sound and Light**

Greg Eckel, N.D., L.Ac.

## **RE M I N D E R !**

### **Be Sure to Complete Your Conference CME Evaluation – Online**

All attendees must complete a conference CME evaluation/attendance form to receive CME credit. For your convenience, this is now done entirely online. There is no waiting: CME certificates can be printed out as soon as the evaluation is submitted.

Please go to [www.AgeMed.org](http://www.AgeMed.org), click on October 2024 Conference, go to Accreditation and follow the screen prompts. Upon completion certificates will also be emailed to the email address you enter.

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## NON-CME EVENTS OPEN TO ALL ATTENDEES

### Wednesday, October 30<sup>th</sup>

12:00 pm – 12:45 pm

**Building Your Practice with DEXA**

Presented by Tony Orlando

Sponsored by DEXA Plus

Includes a complimentary lunch

12:00 pm – 12:45 pm

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Sponsored by Refine USA

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