

Wednesday, October 7th

Workshop: Essential Knowledge and Updates for the Clinical Use of Peptides, Part 1

Non-CME workshop

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am – 8:05 am

Welcome to the Workshop on Essential Knowledge in the Clinical Use of Peptides

8:05 am – 8:40 am

Introduction to Peptides

Edwin Lee, M.D.

8:40 am – 9:10 am

The Wolverine Peptide

Edwin Lee, M.D.

9:10 am – 9:45 am

Mitochondria Peptide

Luis Martinez, M.D., MPH

9:45 am – 10:00 am Break

10:00 am – 10:30 am

Immune Stimulating Peptides

Luis Martinez, M.D., MPH

10:30 am – 11:00 am

Peptides for Autoimmune Disease

Luis Martinez, M.D., MPH

11:00 am – 11:30 am

Growth Hormone Peptides

Edwin Lee, M.D.

11:30 am – 12:00 pm

Neuroregenerative Peptides

Edwin Lee, M.D.

12:00 pm – 1:30 pm Lunch Break

12:00 pm – 1:00 pm

Getting Started

Presented by Mark Hinchey, CEO & Pharmacist

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Agere Sciences

1:30 pm – 2:00 pm

Peptides for Cancer

Luis Martinez, M.D., MPH

2:00 pm – 2:30 pm

Cosmeceutical Peptides

Edwin Lee, M.D.

2:30 pm – 2:45 pm

Sex Peptides

Luis Martinez, M.D., MPH

2:45 pm – 3:00 pm

Peptides for Pain

Luis Martinez, M.D., MPH

3:00 pm – 3:15 pm Break

3:15 pm – 4:00 pm

Pineal Peptides

Edwin Lee, M.D.

4:00 pm – 4:30 pm

Melanotan Peptides and Q&A

Luis Martinez, M.D., MPH

4:30 pm – 5:30 pm

Online Test: Essential Knowledge in Clinical Use of Peptides Test - Requires a Laptop

Wednesday, October 7th

Workshop: Practice Management - Launching and Growing a Successful Age Management Practice

Non-CME workshop

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am – 8:40 am

The Direct Pay/Partial Direct Pay Practice Model

Chuck Guglin, M.D., FACS

8:40 am – 9:20 am

Development of Practice Services and Procedures

Chuck Guglin, M.D., FACS

9:20 am – 10:00 am

Development of Diagnostic Tools and Procedures

Chuck Guglin, M.D., FACS

10:00 am – 10:15 am Break

10:15 am – 11:15 pm

Creating Revenue Through the Sales of Ancillary Products and Services from Your Office

Derrick DeSilva, Jr., M.D.

11:15 am – 12:00 pm

Motivating Patients and Creating Programs Applying the Science of Age Management Medicine to Produce Positive Patient Outcomes

Bonnie Paur

12:00 pm - 1:00 pm Lunch Break

12:00 pm – 1:00 pm

Certification in Age Management Medicine

Presented by James Powell, R.N.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by AMMG

1:00 pm – 1:40 pm

Employee Management and Engagement

Marcos Rivera, B.S., NBC-HWC(c), PN-L2, IHP-La

1:40 pm – 2:30 pm

The AI-Powered Medical Practice: How to Save Hundreds of Staff Hours and Scale Without Adding Employees

James Powell, R.N.

2:30 pm – 2:45 pm Break

2:45 pm – 3:30 pm

Best Practices for Pricing and Compensating for Age Management Services

Kristen Cusack, MBA

3:30 pm – 4:15 pm

The Liability Entanglements of Running Your Own Practice: Don't Let Your Corporate Veil Be Pierced

Ryan Oliver

4:15 pm – 5:00 pm

Social Media for Physicians and Healthcare Professionals: A Simple System that Grows Your Practice Without Consuming your Life

Jill W. Fox, B.S.

5:00 pm – 5:30 pm

Practice Landmines & Practice Pearls, and Practice Compliance Essentials

Chuck Guglin, M.D., FACS

Wednesday, October 7th

Workshop: Bioadaptive Aesthetics: Peptides, Regeneration & Structural Support After GLP-1 Induced Weight Loss

Non-CME workshop

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am – 8:15 am

Introduction to the Aesthetic Workshop

8:15 am – 10:15 am

The 5 Highest Margin Treatments You Can Start Offering Monday Morning

H. William Song, M.D.

Marie Piantino, L.E.

Nadia Schepkowski, L.E.

10:15 am – 10:30 am Break

10:30 am – 11:15 pm

How to Incorporate and Combine Aesthetics with Peptides for a Viable Financial Return

H. William Song, M.D.

11:15 am – 12:00 pm

Over the Counter Peptides: Are they Effective? How to Use Them?

Nadia Schepkowski, L.E.

12:00 pm – 1:30 pm Lunch Break

12:00 pm - 1:00 pm

Advanced Aesthetic Technologies

Presented by Toney Howard

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Refine USA

1:00 pm – 2:45 pm

The Use of Peptides and How it Affects the Patient and Impacts Aesthetic Appearance

H. William Song, M.D.

2:45 am – 3:00 pm Break

3:00 pm – 5:00 pm

Weight Loss and How to Navigate the Aesthetic Appearance Both Preventing and Repairing the Facial Appearance Using a Regenerative Approach

H. William Song, M.D.

5:00 pm – 5:30 pm

Panel and Q & A

H. William Song, M.D., Nadia Schepkowski, L.E., Marie Piantino, L.E.

Thursday, October 8th

Workshop: Advanced Peptide Clinical Strategies: Protocols, Dosages, Case Discussion - Part 2

Non-CME workshop

PREREQUISITE REQUIREMENT: Must have completed an AMMG Full-Day Initial Peptide Course and / or Peptide Certification. The Peptide Certification on Wednesday October 7th will satisfy this requirement as would any previous AMMG Peptide Full-Day Course.

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am – 8:15 am

Welcome & Framing

Luis Martínez, M.D., MPH

8:15 am – 8:45 am

Before the First Peptide

Edwin Lee, M.D., FACE

8:45 am – 9:00 am

Lessons Learned from Being Issued a 483 from the FDA for Doing Peptide Research

Edwin Lee, M.D., FACE

9:00 am – 9:30 am

For the first time, previously unavailable Russian scientific literature on Semax and Epitalon has been translated into English

Edwin Lee, M.D., FACE

9:30 am – 9:45 am Break

9:45 am – 10:30 am

Clinical Case Presentations: 3-5 Advanced Cases, Protocol Design, Complication Handling & Audience Discussion

Luis Martínez, M.D., MPH

10:30 am – 11:30 am

Clinical Case Presentations: Metabolic & Longevity Cases, Protocol Integration, ACRI Framework

Luis Martínez, M.D., MPH

11:30 am – 12:00 pm

Regulatory Landscape of Peptides

Luis Martínez, M.D., MPH

12:00 pm – 1:30 pm Lunch Break Complimentary Lunch Provided by AMMG; open to all attendees

1:30 pm – 2:15 pm

Interactive Attendee Case Studies - Part 1

Luis Martínez, M.D., MPH

2:30 pm Exhibit Hall Opens

2:15 pm – 3:15 pm

Novel & Emerging Peptides

Luis Martínez, M.D., MPH

3:15 pm – 4:00 pm Break / Visit Exhibits

4:00 pm – 4:45 pm

Interactive Attendee Cases - Part 2

Luis Martínez, M.D., MPH

4:45 pm – 5:30 pm

Q & A - Controversial Peptides, Future Outlook, Open Discussion

Luis Martínez, M.D., MPH

5:30 pm – 7:00 pm

AMMG Welcome Reception

Wine will be served

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Thursday, October 8th

Workshop: Longevity and the Microbiome - Age Management Interventions Exert Their Benefits Via the Microbiome Signaling

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am – 9:00 am

Terrain: Dysbiotic Enteropathy and Aging - What the Data Suggests

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

9:00 am – 10:00 am

Microbial Metabolomics and Genomic Regulation

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

10:00 am – 10:15 am Break

10:15 am – 11:00 am

Liver and Cardiovascular Applications

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

11:00 am – 12:00 pm

Neurologic Applications

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

12:00 pm – 1:30 pm Lunch Break Complimentary Lunch Provided by AMMG; open to all attendees

1:30 pm – 2:15 pm

Detoxification & Environmental Toxicology Concerns

Elliot Dinetz, M.D., ABFM, FAAMFM

2:30 pm Exhibit Hall Opens

2:15 pm – 3:00 pm

The Histamine-Gut Connection: Microbiome Dysbiosis, Intestinal Permeability, and the Convergence of Impaired Histamine Metabolism in Complex Systemic Illness

Elliot Dinetz, M.D., ABFM, FAAMFM

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:15 pm

Obesity and the Microbiome

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

4:15 pm – 5:00 pm

Polyvagal Theory Applied to Resolve Stress

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

5:00 pm – 5:30 pm

Past Age 75: The Last Quarter, Avoiding Frailty

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

5:30 pm – 7:00 pm

AMMG Welcome Reception

Wine will be served

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Thursday, October 8th

**Workshop: The Laboratory of Functional Medicine:
A Systems-Based Diagnostic Framework**

Course Faculty

William Clearfield, D.O.

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am – 8:45 am

Foundational Serum Laboratory Evaluation

8:45 am – 9:30 am

Hormone Physiology Across Testing Matrices

9:30 am - 9:45 am Break

9:45 am – 10:30 am

Gastrointestinal & Barrier Testing

10:30 am – 11:15 am

Cellular Metabolism & Environmental Exposure

11:15 am – 12:00 pm

Advanced Cardiometabolic Testing

12:00 pm - 1:30 pm Lunch Break Complimentary Lunch Provided by AMMG; open to all attendees

1:30 pm – 2:15 pm

Osteoporosis & Bone Metabolism

2:15 pm – 3:00 pm

Immune & Inflammatory Biomarkers

2:30 pm Exhibit Hall Opens

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 5:15 pm

Clinical Integration Case

5:15 pm – 5:30 pm

Closing Message and Q & A

5:30 pm – 7:00 pm

AMMG Welcome Reception

Wine will be served

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Friday, October 9th General Session

7:00 - 7:45 am

I Never Wanted an Aesthetics Practice: Why I Added Energy-Based Tissue Medicine Anyway, and What Happened Next

Presented by Kent Cohen, M.D.

Open to all attendees and includes a complimentary breakfast

Non-CME symposium sponsored by Elitera Aesthetics

8:00 am – 8:10 am

Opening Remarks

8:10 am – 8:30 am

Presentation of the Alan P. Mintz, M.D. Award for Clinical Excellence in Age Management Medicine

8:30 am – 9:30 am

Applied Genomics: What I Know Now That I Didn't Know Then

Laura Lile, M.D., R.Ph.

9:30 am – 10:30 am

Making Sense of Our Aging

William (Bill) Andrews, Ph.D.

10:30 am - 11:15 am Break / Visit Exhibits

11:15 am – 11:45 am

The Klotho Longevity Gene: Current Scientific Evidence, Clinical Applications, and Therapeutic Implications for Extending Human Lifespan (Non-CME Lecture)

Gail M. Humble, M.D.

11:45 am – 12:00 pm

Why Undergo Certification in Age Management Medicine

James Powell, R.N.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

STOP Overpaying Your Taxes and PROTECT Your Wealth!

Presented by Ron Oliver, Educator

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Fortune Law Firm

1:30 pm – 2:15 pm

The Multi-Agent Clinician: Building a Full-Systems AI Framework for Lab Interpretation

Daniel Stickler, M.D.

2:15 pm – 3:00 pm

Inflammation as a Modifiable Driver of Aging: Lessons from Five Years of IgG Glycosylation Testing

Joseph M. Rafaele, M.D.

3:00 pm – 3:45 pm Break / Visit Exhibits

3:45 pm – 4:30 pm

Hair Loss: Why It Happens and How to Treat It

Hyung Kim, M.D., MBA

4:30 pm – 5:30 pm

Inflamm-Aging: Inflammation and Imaging

Ana Claudia Rosa, M.D.

5:30 pm – 7:00 pm

AMMG Exhibit Hall Happy Hour

Open Bar and hors d'oeuvres

Open to all conference attendees, spouses and guests

Held in Attendee Networking Center

Saturday, April 8th

General Session

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am - 8:45 am

The Two “Eyes” of Hypogonadism: The Influence of Ibuprofen and Inflammation on Testosterone Production

Mark L. Gordon, M.D.

8:45 am - 9:30 am

Estradiol, Friend or Foe in the Breast Cancer Survivor

John C. Carrozzella, M.D., MSMS, AAARFM, FAARFM

9:30 am - 10:15 am

Intimate Wellness: What Is It and What Do We Need to Know?

Carolyn DeLucia, M.D., FACOG

10:15 am - 11:00 am Break / Visit Exhibits

11:00 am - 12:00 pm

Routine Fasting as a Foundational Strategy for Metabolic Health and Longevity: Mechanisms, Clinical Application, and Outcomes

Michele Neil-Sherwood, D.O.

Mark Sherwood, N.D.

12:00 pm - 1:30 pm Lunch Break / Visit Exhibits

12:00 pm – 1:00 pm

The Platform Longevity Medicine Has Been Waiting For

Presented by James Powell, R.N.

Open to all attendees and includes a complimentary lunch

Non-CME symposium sponsored by Doc Loop

1:30 pm - 2:15 pm

Functional Indices of Longevity: What Are They? And How to Test, Interpret and Leverage the Data to Optimize Clinical Results

Chris A. Kleronomos, FNP-BC, (DAAPM), DAOM-L.Ac. RH (AHG), MSc., (ABAAHP)

2:15 pm - 3:00 pm

Endocrinology: Dysbiotic Root Cause of Low Testosterone, Low Vit D, Insulin Resistance, Low Progesterone

Dushyant Viswanathan, M.D., ABIM, ABoIM, AACE

3:00 pm - 3:45 pm Break / Visit Exhibits (Exhibits Close 4:00 pm)

3:45 pm - 4:30 pm

Reclassifying Risk: How AI Imaging, Epigenetic Clocks, and Multi-Modal Screening Redefine Clinical Decision-Making in a Private Longevity Practice

Tareq Khader, M.D.

4:30 pm - 5:30 pm

Advanced Patient Assessment: Using Cardiopulmonary Exercise Testing (CPET) and Fitness Assessment as a Diagnostic Tool for Evaluation and Assessment of the Age Management Patients (Includes live Demos of VO2Max)

Nick Balestriere, NASM, PN1

Marcos Rivera, BS, NBC-HWC(c), PN-L2, IHP-L

Sunday, April 9th **General Session**

7:15 am – 8:00 am Complimentary Breakfast Open to all attendees. Held in the Conference Hall.

8:00 am - 9:00 am

Testing Immune Senescence Comparison and Results

Jerry Mixon, M.D.

9:00 am – 10:00 am

Hormones, Weight & Longevity: What the Adipocyte Teaches Us About Treating the Whole Person

Serena Goldstein, N.D.

10:00 am - 11:00 am

Arteries, Bone and Cognition: The ABCs of Longevity and Healthy Aging

Dave Ward, D.C., MS

11:00 am - 12:00 pm

Update on GLP1 Science : Mechanism of Action and Moving Beyond Weight Loss

Joshua S. Fink, M.D., NBPAS

CME R E M I N D E R !

At the end of the conference, click on the COURSE EVALUATION + CME CERTIFICATE button on the Conference Quick Guide. This will take you to the conference survey.

Please use the same email address you used to register for the conference. Complete only the sections of the survey for the events you attended. Once you complete and submit the survey, a pop-up will appear showing your CME Certificate.

Make sure to either print it or save it as a PDF.

The system should email you a copy of the CME Certificate, as well.

Also, make sure to list the correct number of CMEs you earned:

- Thursday, October 8th, Workshop: Longevity and the Microbiome: 5 CMEs**
- Thursday, October 8th, Workshop: The Laboratory of Functional Medicine: 5 CMEs**
- Friday, Saturday, Sunday, October 9 -11: 3 Day Main Conference: 13 CMEs**

MAXIMUM AVAILABLE CMEs: 18

NON-CME EVENTS OPEN TO ALL ATTENDEES

Wednesday, October 7th

7:15 am - 8:00 am **Complimentary Breakfast** in the Conference Hall

IN PEPTIDES WORKSHOP: 12:00 pm – 1:00 pm

Getting Started

Presented by Mark Hinchey, CEO & Pharmacist

Sponsored by Agere Sciences

Includes a complimentary lunch

IN PRACTICE MANAGEMENT WORKSHOP: 12:00 pm – 1:00 pm

Certification in Age Management Medicine

Presented by James Powell, R.N.

Sponsored by AMMG

Includes a complimentary lunch

IN AESTHETICS WORKSHOP: 12:00 pm – 1:00 pm

Advanced Aesthetic Technologies

Presented by Toney Howard

Sponsored by Refine USA

Includes a complimentary lunch

Thursday, October 8th

7:15 am - 8:00 am **Complimentary Breakfast** in the Conference Hall

12:00 pm – 1:30 pm

Lunch Break

Complimentary Lunch Provided by AMMG

5:30 pm – 7:00 pm

AMMG Welcome Reception

Wine will be served

Open to all conference attendees, spouses and guests

Held in Conference Networking and Exhibits Center

Friday, October 9th

7:00 - 7:45 am

I Never Wanted an Aesthetics Practice: Why I Added Energy-Based Tissue Medicine Anyway, and What Happened Next

Presented by Kent Cohen, M.D.

Sponsored by Elitera Aesthetics

Includes a complimentary breakfast

12:00 pm – 1:00 pm

STOP Overpaying Your Taxes and PROTECT Your Wealth!

Presented by Ryan Oliver, Educator

Sponsored by Fortune Law Firm

Includes a complimentary lunch

5:30 pm – 7:00 pm

AMMG Exhibit Hall Happy Hour

Open bar and hors d'oeuvres

Open to all conference attendees, spouses and guests

Held in Attendee Networking Center

Saturday, October 10th

7:15 am - 8:00 am **Complimentary Breakfast** in the Conference Hall

12:00 pm – 1:00 pm

The Platform Longevity Medicine Has Been Waiting For

Presented by James Powell, R.N.

Sponsored by Doc Loop

Includes a complimentary lunch

Sunday, October 11th

7:15 am - 8:00 am **Complimentary Breakfast** in the Conference Hall