



Accreditation & Disclosures

41st Advancing Longevity Medicine Conference

October 7-11, 2026 Las Vegas, Nevada

OVERVIEW

This conference provides Physicians and Healthcare Providers evidence-based research and clinical protocols on new procedures, methods, and topics in Age Management Medicine that will increase competency, knowledge and provide treatment tools that improve patient outcomes and patient satisfaction.

OBJECTIVES

- Understand practical approaches to integrating genomics into clinical workflows
- Develop a comprehensive understanding of what treatments have demonstrated an evidence based effectiveness in treating aging patients and what reversing a biomarker of aging means
- Describe the limitations of single-analyte, reference-range-based lab interpretation and explain why systems-medicine problems require multi-domain integrative analysis and differentiate a single-pass general-purpose AI approach from a structured multi-agent architecture and apply the framework to clinical cases.
- Identify and describe the biological mechanisms and clinical significance of inflammaging as a modifiable driver of aging and age-related decline and Apply IgG glycosylation (GlycanAge) testing and hormone optimization strategies to assess and manage chronic inflammation in longevity medicine.
- Identify and describe the most common causes of hair loss associated with aging and develop an evidence based approach to diagnose and treat age-related hair loss
- Identify the role of imaging exams in evaluating chronic inflammation in the human body. Understand the different types of fat in the body and their characteristics on imaging exams and evaluate for imaging findings related to insulin resistance and metabolic syndrome and describe how to order exams for metabolic disease
- Understand and describe the impact of inflammation on the production of Neurosteroids and the effects of NSAIDs on steroidogenesis
- Describe the current clinical evidence on menopausal hormone therapy in women with treated stage I–II breast cancer, including its impact on recurrence, breast cancer–specific mortality, and overall survival Understand the difference the breast cancer risk profiles of legacy estrogen–progestin regimens versus contemporary approaches using bioidentical 17 β -estradiol and micronized progesterone, incorporating relevant mechanistic insights. Develop an evidence-based, individualized decision-making framework that balances oncologic risk with quality of life, including the potential roles of estradiol, progesterone, and testosterone in carefully selected patients.
- Understand and identify procedures to treat Sexual Health, and consider the best practices for developing a personalized patient treatment plan
- Describe proper intermittent fasting, terms, and expected outcomes and understand types of ketones and proper usages/amounts
- Identify and understand " Functional Indices of Longevity, testing methods and develop evidence based interventions as required
- Identify and understand the mechanisms by which microbiome-based dysbiosis causes endocrinopathy
- Identify and apply a five domain preventive screening framework integrating insulin resistance as the unifying upstream driver and development appropriate evidence based treatment programs
- Understand the science behind the use of CPET testing to assess patients and describe how to use a CPET device to accurately measure function
- Identify the two most human tissues likely to become senescent and the effect of this process if not reduced
- Describe the adipocyte as an endocrine organ and explain how its multi-receptor physiology supports a whole-patient approach to weight and hormonal health and how to apply an integrated clinical framework to obtain sustainable outcomes and preventive care

- Understand the role of the gut in detoxification, articulate 2 mechanisms by which microbiome manipulation can resolve autoimmune disease and allergy, understand the microbiome histamine connection
- Understand and identify how to interpret and integrate 15–20 of the most clinically useful laboratory tests in functional medicine and apply them in a structured diagnostic framework to identify metabolic, endocrine, gastrointestinal, immune, and environmental drivers of chronic disease.

ACCREDITATION:

This live activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of the Institute for Continuing Healthcare Education and the Age Management Medicine Group (AMMG). Institute for Continuing Healthcare Education is accredited by the ACCME to provide continuing medical education for physicians.

CREDIT HOURS:

Institute for Continuing Healthcare Education designates this live activity for a maximum of **18.0 AMA PRA Category 1 Credit™**.

DISCLOSURE AND CONFLICT OF INTEREST RESOLUTION:

All conflicts of interest of any individual(s) in a position to control the content of this CME activity will be identified and resolved prior to this educational activity being provided. Disclosure about provider and faculty relationships, or the lack thereof, will be provided to learners.

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SUMMARY OF DISCLOSURE OF RELEVANT FINANCIAL RELATIONSHIPS

None of the following faculty, planners and reviewers for this educational activity have relevant financial relationships to disclose during the last 24 months with ineligible companies who's primary business is producing, marketing, selling, re-selling, or distributing healthcare products used by or on patient.

Speakers

Nick Balestriere
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David Ward, D.C., MS

The following speakers, planners and reviewers have indicated relevant financial relationships with the following commercial interests:

- William Andrews, Ph.D. declares he is an Advisor for Touchstone Essentials, OneTruth818, Zeo ScientifiX, BioViva Sciences, Telo-Dash a Speaker for Boston Biolife, RAADfest, Up One Podcast, and Founder and Owner of Sierra Sciences.
- John Carrozzella, M.D., declares he is a consultant and speaker for Evexias Health Solutions
- Carolyn DeLucia, M.D. declares she is a Speaker for BTL, Alma Lasers, and Zeo ScientifiX,
- Elliot Dinetz, M.D., declares he is an Advisor for Xymogen
- Joshua Fink, M.D. declares he is a National Speaker for Eli Lilly, Owner of Medical Aesthetic Mentors and his own Private Pracatice Joshua Fink MD
- Serena Goldstein, N.D. declares she is a Consultant for Natural path Silver Wings
- Mark Gordon, M.D., declares he is a (voluntary unpaid) consultant for iXpress Genes

All of the relevant financial relationships listed above have been mitigated by the Medical Academy and the Age Management Medicine Group (AMMG).

Educational Support:

AMMG received no educational support in the form of Grants for the accredited educational course